

Travellers Worldwide is a leading International Provider of Volunteering Programmes, Work Experience Internships and Cultural Courses Abroad

# **ARGENTINA**



### MEDICAL WORK EXPERIENCE INTERNSHIP IN BUENOS AIRES

Work in a Primary Care Centre, or "Salitas" as they're called in Argentina. Primary Care Centres are the first level of access for people in poor neighbourhoods and are free to all.

In Primary Care Centres they have family doctors, paediatricians, nurses, psychologists, dentists and social workers, as well as other specialties. You'll shadow doctors and nurses in their daily activities as they work with patients, including: taking vitals, treating injuries and interacting with patients.

You should be studying a relevant health subject or be qualified, and you should have intermediate Spanish. This internship is an excellent opportunity to add substantially to your CV or Résumé.

Thank you for your interest in this Project. Below is a description of what you can do and expect. You can volunteer whether you're taking a gap year, on a career break, retired, or on a holiday with a purpose. No matter what your age or experience, we look forward to welcoming you to the team!

### WHAT DO YOU GET?

### SELF-DEVELOPMENT:

- New skills, more confidence, a greater understanding of a different culture, invaluable personal and professional development.
- An entry on your CV or résumé that will put you head and shoulders above most others in the job market.

### SAFETY AND SECURITY

- Your safety is our top priority. We risk-assess all destination countries, projects, accommodation and more to ensure that they are stable and safe.
- We have experienced local staff with 24/7 back-up and support who are there to assist you and look asfter you, starting with an in-depth induction on your arrival.

### AN ADVENTURE!

• An exciting, never-to-be-forgotten adventure into Argentinean life and culture, and best of all ... an unforgettable experience!

ravelquest Ltd t/a Travellers, registered in England & Wales, Registered Office: 7 Mulberry Close, Ferring, West Sussex, BN12 5HY, Reg. No. 3072191, VAT Registration: 786540201

SUMMARY

Prices: From £3,095 for 12 weeks, excluding flights. See our Full Price List Online

Duration: Minimum length of placement is 12 weeks and longer, subject to visa requirements

Start Dates: All year round, you choose your start and finish dates.

Requirements: You should be 18, with some previous experience or advanced studies in the health area required, intermediate Spanish and the ability to work on your own initiative.

#### What's Included:

- ► Arranging your Programme,
- ► Payment Protection insurance
- ► Food (excluding lunch)
- ► Meeting you at Buenos Aires Airport
- ► Transport to and from your project
- ▶24-hr emergency support.

- ► Full pre-departure support and assistance,
- ► Accommodation
- ► Certificate of Completion
- ▶ Transfer to your accommodation
- ► Local in-country team support and backup

What Not Included: Flights, Insurance, Cost of Visas (if a visa is required), Return transfer to airport.

### PROJECT OVERVIEW

### WORK CONTENT:

Primary Care Centres are the first level of access for disadvantaged people in poor neighbourhoods and are strategically located within these neighbourhoods to be closer to the people. They are also the first place to go to when you have a health problem and need professional assistance. You'll help these community members to improve their health and search for more efficient ways of preventing diseases.

In Primary Care Centres they have family doctors, paediatricians, nurses, psychologists, dentists and social workers, as well as other specialties. You'll shadow doctors and nurses in their daily activities as they work with patients, including:

- Taking vitals
- Treating injuries
- Interacting with patients.

You may also be asked to perform other duties when needed, such as assisting with document translations and helping to categorise medications that have been donated to the Centre.

The local doctors and nurses will assist you to gain knowledge about the practice of medicine in poor communities and neighbourhoods, as well as providing you with a practical perspective regarding the needs and

concerns of the people who attend the Health Centre. Here you'll have a real opportunity to exchange information, questions and answers with patients and doctors and get to know a real community and its daily struggles.

In turn, the medical staff have commented on the value of learning from you:

"We learn from their experience and knowledge [including] different ways of communicating with patients and professional staff."

You'll work an average of 20 hours per week, Monday to Friday, leaving you enough time to explore beautiful **Buenos Aires!** 



### WHO CAN APPLY?

Applicants should be able to meet the following criteria:

- Be over 18 years of age.
- Previous experience or advanced studies in the health area required.
- Be able to speak some Spanish (intermediate to advanced level) to work in the clinic. If you are a medical student or doctor, it is highly recommended that you have a good command of the language.
- Be able to stay for a minimum of 12 weeks in order to really get familiar with the Centre and its work.
- You should also be outgoing, sociable and very able to use your own initiative.

#### **COMBINED PLACEMENTS:**

We can arrange for you to do a one-month intensive Spanish course, followed by a two-month or three-month work experience internship placement.

"The people at the hospital and my family here have been the best thing about the experience so far. Both have been extremely patient, generous, friendly and supportive throughout my entire stay here.

It has been an incredible experience where I gained an incredible amount of exposure to local culture, Spanish, local paediatric medicine, and incredible people."

**Mary Carroll** 

### **ACCOMMODATION**

### **HOSTEL ACCOMMODATION:**

You'll live a hostel situated in a beautifully renovated historic building in Downtown Buenos Aires, very conveniently located for exploring the city and doing shopping. It's big enough to be sociable and fun, yet small enough to feel at home; a real chance to immerse yourself in Argentine culture.

You'll share a dorm room and have access to kitchen facilities. The hostel boasts of several amenities like internet and Wi-Fi, a common area, DVD room, library, book exchange and a housekeeping service.

### Food:

You'll be given an allowance for your meals (breakfast and dinner, lunch is excluded for projects in Buenos Aires). This arrangement is to give you the flexibility to sample the great Argentinean food. Right on the door step of the hostel there are many cafes and restaurants with great priced menus just waiting for you....the choice is yours!

## HOST FAMILY ACCOMMODATION:

If you would prefer a more cultural experience, we can arrange for you to stay with a local Argentinean family. Host family accommodation gives you the opportunity to become more integrated in the local community and is ideal if you want to practice your Spanish (Basic/intermediate Spanish is required to stay with a Host Family). You'll have a comfortable private room and use of the kitchen. Breakfast and dinner is provided every day and you will usually share a typical Argentinean meal with your family.

Facilities in host families do vary, but you can express your preferences regarding the type of family that you stay with (for example, a family with or without children, pets, etc). If you stay in a host family you will be given contact details of other volunteers living in Buenos Aires so that you won't miss out on any socialising!

If you choose the host family option, there is an additional supplement.



### WHY TRAVELLERS WORLDWIDE?

- Over 20 years' experience of sending thousands of participants overseas, plus the largest variety of flexible projects that are value for money!
- Accredited projects helps appeal to future employers
- Excellent support!
- Your own dedicated Project Co-ordinator to answer all questions before, during and after your trip of a lifetime!
- Detailed information on your project and country and suggestions, safety guide, tips and checklists, via our EXTRANET, available from anywhere, 24/7.
- 24/7 emergency helpline for you and your family
- Free pick up from the nearest airport.

### **HOW YOU MAKE A DIFFERENCE:**

By joining a Travellers Program you enable us to keep donating money to worthwhile projects around the world; from clothing and feeding school children, building playgrounds or funding vital conservation research - your participation makes these donations possible.

Donations to Bridge The Gap Foundation. This Foundation was set up by us to donate directly to particularly worthwhile and necessary projects for children and animals around the world, and partners with other NGO's to raise match-funding for worthy projects.

The price of this project is a reflection of the following costs:

- ✓ Accommodation
- √ Food (excluding lunch)
- ✓ Meeting you at the airport
- ✓ Transport to and from your project
- ✓ Local in-country team support and backup
- √ 24hr emergency helpline
- ✓ Full pre-departure support

- ✓ UK administration
- Marketing (brochures, website design and maintenance, attending careers fairs, advertising, website listings and presentations)
- ✓ Project Research/Site Inspection
- ✓ Staff Training/Equipment
- ✓ Donations to worthwhile projects

"First impressions are great! Made some friends quickly and the organisers here are also very professional."

Jitesh Parikh

"I have been very impressed with Travellers' staff who are always interested in how I am getting on and willing to help if I need it."

**Jess Corbett** 

# **ADDITIONAL INFORMATION**

Got any questions? Please email us: info@travellersworldwide.com

Once you have applied for a placement, we'll contact you and send you our Welcome Pack. You'll also receive Log-on details and password for our Volunteer Extranet where you'll have access to all the documentation and information which we've put together to facilitate preparations for your adventure!

Your Project Co-ordinator for your country will liaise with you throughout the arrangements process, as well as while you're on your placement and on your return home. The documents you'll have access to also include a Country Fact file, Safety Guide and any manuals that may assist you on your particular programme (for example, Teaching Guide, Sports Manuals, Enrichment Suggestions for Animal Care, etc.).

We do all we can to make your stay one that you'll never forget.

As with all our destinations, the culture and heritage is different to what you're used to ... which, although one of the most exciting aspects of travelling, should be borne in mind. Self-reliance and independence are highly appreciated in all our destinations and will help you to make the most of this wonderful opportunity!

This is a truly awesome, elegant and beautiful country.

### THINGS TO DO IN ARGENTINA

The romance of Argentina takes one's breath away. From the northern deserts to the southern Andean Cordillera, from Iguazú Falls to the magnificent desolation of Patagonia, Argentina's geography is varied and stunning. Argentina is geared up to thrill - from nights tango-ing in the chic quarter of Buenos Aires to gaucho riding in the grasslands of the Pampas.

#### **Cosmopolitan Buenos Aires:**

Buenos Aires is one of the most exciting cities in Latin America. Tango was born here, restaurants serve all manner of world cuisines, bars play the latest music, cafés spill on to the streets and nightclubs allow dancing throughout the night.

- This fabulous city is renowned for its sophistication and has a surprisingly European feel about it.
- BA is reminiscent of Paris and its tree-lined avenues and frequent plazas have a beguiling, faded elegance.
- Downtown, the Plaza de Mayo is the traditional focus of activity.
- Nearby Avenida 9 de Julio is popularly known as the world's widest thoroughfare and, with its nine lanes of traffic, is truly a pedestrian's nightmare!
- Avenida Santa Fe is the most fashionable shopping area.

There are 4 clear seasons.....hot in summer, 35°C average and cold in the winter around 4 – 6°.

# **HOW TO BOOK**

TWO EASY WAYS ...

Complete a booking form online.

> **Telephone** 01903 502595 (UK) 1-603-574-4935 (USA)



THANK YOU FOR YOUR INTEREST IN OUR PROGRAMME! We hope you'll join us! Don't hesitate to contact us with any questions. We're happy to help you plan your exciting adventure!

> www.travellersworldwide.com www.travelersworldwide.org