



Travellers Worldwide is a leading International Provider of
Volunteering Programmes, Work Experience Internships
and Cultural Courses Abroad

AUSTRALIA



SPORTS INTERNSHIP IN A HIGH SCHOOL IN PERTH

Intern in the Sports Department of mainstream High Schools in Perth, working with the Head of Department and the PE Teachers. You'll combine coaching with sports administration, lesson planning, monitoring student performance, assisting the PE teachers in all aspects of their work, assisting with lessons, and much more. You'll get a well-rounded experience and knowledge of how a Sports Department is run in a mainstream school in Australia.

On our Programmes you can volunteer whether you're taking a gap year, on a career break, retired, or on a holiday with a purpose. No matter what your age or experience, you'll find something for you with Travellers Worldwide!

WHAT DO YOU GET?

SELF-DEVELOPMENT:

- New skills, more confidence, a greater understanding of a different culture, invaluable personal and professional development.
- The enormous satisfaction of helping disadvantaged children and knowing that you made a difference to them
- An entry on your CV or résumé that will put you head and shoulders above most others in the job market.

SAFETY AND SECURITY

- Your safety is our top priority. We risk-assess all destination countries, projects, accommodation and more to ensure that they are stable and safe.
- We have experienced local staff with 24/7 back-up and support who are there to assist you and look after you, starting with an in-depth induction on your arrival.

AN ADVENTURE!

- An exciting, never-to-be-forgotten adventure into Australian life and culture, and best of all ... **an unforgettable experience!**

2A Caravelle House, 17/19 Goring Road, Worthing, West Sussex, BN12 4AP, UK
Tel: UK +44 (0)1903 502595, USA: 1-603-574-4935. Email: info@travellersworldwide.com

TravelQuest Ltd t/a Travellers, registered in England & Wales, Registered Office: 7 Mulberry Close, Ferring, West Sussex, BN12 5HY, Reg. No. 3072191, VAT Registration: 786540201

Prices: From £1,995, excluding flights. See our [Full Price List Online](#)

Duration: From 4 weeks to 12 weeks, subject to visa requirements

Start Dates: All year round, you choose your start and finish dates. Projects start every Thursday and are subject to School Term dates.

Requirements: You should be studying a Sports-related subject at university or college, or be qualified. You should also be aged 18 or over.

What's Included:

- ▶ Arranging your Programme,
- ▶ Payment Protection insurance
- ▶ Meeting you at the nearest Airport
- ▶ Local in-country team support and backup
- ▶ 24-hr emergency support.
- ▶ Full pre-departure support and assistance,
- ▶ Accommodation
- ▶ Transfer to your accommodation
- ▶ Certificate of Completion

What Not Included: Flights, Insurance, Cost of Visas, Food, daily transport to and from your project, Return transfer to airport.

If you do any placement in Perth, an [Indigenous \(Aborigine\) Heritage tour in Kings Park, Perth's No. 1 tourist attraction, is included in your itinerary, free of charge!](#)

SUMMARY

PROJECT OVERVIEW

This excellent Sports Internship is based at a superb school with a well developed Sports Department. There are 1,800 students, who are all encouraged to participate in more than their academic studies alone. The School has a wide selection of specialist programs that run alongside their academic programs. The school is particularly proud of their competitive Swimming program, their sports facilities, and their Gifted and Talented Music program.

The main school we work with has a superb reputation and excellent facilities. Physical Education takes place twice a week throughout Years 8, 9 and 10. Students can also complement their PE classes with Dance, Outdoor Education, Racquet Focus or extra PE Cricket/AFL (Aussie Rules).

The School is the current Grade A Champions in Swimming and Athletics. Other competitive sports they participate in include Football, Netball, Soccer, Rugby Union, Cricket, Basketball, Cross-Country Running and Water Polo.

You'll get a well-rounded experience and knowledge of how a Sports Department is run in a high-quality, mainstream school in Australia. You'll work with the Head of Department and the PE Teachers.

The areas of work you'll be involved in include:

- Assisting the PE teachers with the many various aspects of administration they need to deal with
- Assisting with lesson planning
- Monitoring student performance
- Shadowing the PE teachers
- Assisting with lessons

You'll get a lot of exposure to Australian sporting interests - not forgetting, of course, Aussie Rules football. This sport is extremely popular! But there are lots of different types of sports available at the school, including

- Athletics
- Football,
- Netball,



- Soccer,
- Rugby Union,
- Cricket,
- Basketball,
- Cross-Country Running
- Water Polo

At times there may also be canoeing, surfing and beach volley ball. School lessons last for 40 minutes and the school day runs from around 8:45 - 2:45 pm.



SCHOOL TERM TIMES AND PROJECT DATES:

This project runs during the school terms. The school terms are as follows:

2015

Term 1 Monday 2 February - Thursday 2 April

Term 2 Monday 20 April - Friday 3 July

Term 3 Monday 20 July - Friday 25 September

Term 4 Monday 12 October - Thursday 17 December

2016

Term 1 Monday 1 February - Thursday 8 April

Term 2 Monday 26 April - Friday 1 July

Term 3 Monday 18 July - Friday 23 September

Term 4 Monday 10 October - Thursday 15 December

Different sports have different seasons and the main sports are as follows:

- **February - April:** Swimming, Tennis, Cricket, Athletics
- **May - July:** Rugby Union & League, Football (soccer) , Hockey, Netball, Australian football
- **August – October:** Football, Netball. AFL
- **October - December:** Athletics, Cricket, Cross Country & Football.

FREE COACHING MANUALS

You'll have access to a large number of coaching manuals for each sport - these manuals have been produced in-house by Travellers and are generally very useful in helping you to plan coaching sessions for your students.

“ I am gaining an insight into different coaching and training styles in Australia, the school system and socio-cultural issues with immigrants in Australia.

The best thing about the placement so far has been starting an athletics club at the school for the talented kids whose parents can't afford the time or money to get them to a track. The children really appreciate the opportunity to develop their sporting ability.

I would definitely recommend this placement. It would suit someone who takes a pro-active approach to work, it is true that the more you put in the more you get out. ”

Sarah Rhodes

REQUIREMENTS: WORKING WITH CHILDREN'S CHECKS & POLICE CHECKS:

As part of the law in Western Australia, it is compulsory for all volunteers who work with children to undergo a *Working With Children's Check (WCC)*. It is also compulsory for volunteers who work in schools to undergo a police check. These checks are done to ensure the safety of children in Western Australia.

The checks are a simple process and we will provide you with all the details of what identity you need to take with you. On your arrival in Perth, our Australia manager will complete the checks with you and take you through the process. As soon as you have registered, you'll be allowed to start working with children.

ACCOMMODATION

Your accommodation is located in the CBD (Central Business District) of Perth, Western Australia. Therefore you are very central, close to the main train station and shopping district.

You'll live in a centrally located lodge that is friendly and relaxing, making it ideal for long term stays. You'll most likely have your own room, but will share a bathroom with others on your floor. There is an excellent kitchen and storage area for cooking meals. Entertainment at the Lodge currently includes a pool table, cheap internet access, arcade machines and cable TV (Foxtel), to name a few, but with all the sunshine Perth has, you'll be out and about enjoying the many outdoor activities!

You are literally a stroll from the Swan River and free CBD transport. Trains and buses are also only a few minutes away to take you to Fremantle, King's Park or to the many other places.

The city centre boasts great shopping, restaurants and pubs or you can head over to Northbridge for more pubs, nightclubs and multicultural cuisine. You'll get to work via bus, which stops outside your accommodation.

FOOD:

Food is not included in this project so you should budget for meals. We feel that a good guide would be a weekly budget of around AUD\$70



WHY TRAVELLERS WORLDWIDE?

- Over 20 years' experience of sending thousands of participants overseas, plus the largest variety of flexible projects that are value for money!
- Accredited projects helps appeal to future employers
- Excellent support!
- Your own dedicated Project Co-ordinator to answer all questions before, during and after your trip of a lifetime!
- Detailed information on your project and country and suggestions, safety guide, tips and checklists, via our EXTRANET, available from anywhere, 24/7.
- 24/7 emergency helpline for you and your family
- Free pick up from the nearest airport.



"I just wanted to say a huge thank you for helping me arrange my project in Perth. I had such an amazing time and left with an unforgettable experience.

"I'll definitely advise 'Travellers' to anybody hoping for a similar opportunity and experience! I'm already planning my return to Australia after I finish University! Thank you again!"

Keira Rowsome

HOW YOU MAKE A DIFFERENCE:

By joining a Travellers Program you enable us to keep donating money to worthwhile projects around the world; from clothing and feeding school children, building playgrounds or funding vital conservation research - your participation makes these donations possible.

Donations to **Bridge The Gap Foundation**. This Foundation was set up by us to donate directly to particularly worthwhile and necessary projects for children and animals around the world, and partners with other NGO's to raise match-funding for worthy projects.

Make a Difference – Get Involved!



The price of this project is a reflection of the following costs:

- ✓ Accommodation
- ✓ Food (excluding lunch)
- ✓ Meeting you at the airport
- ✓ Transport to and from your project
- ✓ Local in-country team support and backup
- ✓ 24hr emergency helpline
- ✓ Full pre-departure support
- ✓ UK administration
- ✓ Marketing (brochures, website design and maintenance, attending careers fairs, advertising, website listings and presentations)
- ✓ Project Research/Site Inspection
- ✓ Staff Training/Equipment
- ✓ Donations to worthwhile project

ADDITIONAL INFORMATION

Got any questions? Please email us: info@travellersworldwide.com

WHAT HAPPENS WHEN YOU BOOK YOUR PLACEMENT:

Once you have applied for a placement, we'll contact you and send you our Welcome Pack. You'll also receive Log-on details and password for our Volunteer Extranet where you'll have access to all the documentation and information which we've put together to facilitate preparations for your adventure!

Your Project Co-ordinator for your country will liaise with you throughout the arrangements process, as well as while you're on your placement and on your return home.

The documents you'll have access to also include a Country Factfile, Safety Guide and any manuals that may assist you on your particular programme (for example, Teaching Guide, Sports Manuals, Enrichment Suggestions for Animal Care, etc.). We do all we can to make your stay one that you'll never forget.

As with all our destinations, the culture and heritage is different to what you're used to ... which, although one of the most exciting aspects of travelling, should be borne in mind. Self-reliance and independence are highly appreciated in all our destinations and will help you to make the most of this wonderful opportunity! This is a truly awesome, elegant and beautiful country.



THINGS TO DO IN AUSTRALIA

THE BEST OF WESTERN AUSTRALIA

(Courtesy of Western Australia Tourism - www.westernaustralia.com)

- **Fremantle** - Spend a few days in Fremantle is an absolute must. Just a 30 minute drive from Perth's city centre. Freo, as it's known by locals is a vibrant port city you can't miss.
- **Rottnest Island** - Just offshore from Perth, Rottnest Island is where the locals go to swim at white-sand beaches, snorkel in turquoise water over shipwrecks, or kick back and go fishing. Rotto, as it's called locally, is a car-free zone, which adds to its relaxed feel.
- **Margaret River** - No trip to Western Australia is complete without a pit stop at Margaret River. Originally a chilled out surfer town, Margaret River has evolved into the ultimate smorgasbord of good food, fine wine and spectacular scenery - just a three-and-a-half hour drive south of Perth.
- **Albany** - Prepare to be blown away by Albany's dramatic convict history, set against a backdrop of rugged granite coastline, green seas and a wild beauty that tugs at the heartstrings. Step back in time and explore convict jails, old taverns, whaling ships and settlers' cottages and grand National Trust homes in beautifully landscaped grounds.
- **Denmark** - You'll fall in love with Denmark - where towering tall trees meet the ocean. The town has a relaxed village atmosphere, romantic timber milling history and incredible coastal scenery.
- **Ningaloo Reef** - Take a dive with hundreds of tropical fish, amazing coral formations and the world's biggest fish, the whale shark, at unspoilt Ningaloo Reef.
- **Monkey Mia** - Monkey Mia is one of Western Australia's most famous dolphin watching destinations.
- **Shark Bay** - The Shark Bay World Heritage Area was Western Australia's first World Heritage Listed site and one of only 16 Australia wide that fit all four selection criteria. Shark Bay's wilderness and natural wonders make for a unique holiday.
- **The Pinnacles** – (photo on right). The extraordinary ancient rock formations that make up the Pinnacles are located about a three-hour drive north of Perth near the coastal town of Cervantes.
- **Kalgoorlie** - Get ready for a heady trip to Kalgoorlie, Western Australia's largest goldfields town famed for its fascinating gold rush history, fabulous old buildings and old gold miners' ghost towns.
- **Esperance** - For squeaky-white beaches, getting off the beaten track and bunking down under the stars, head south to Esperance. This place is so relaxed even the kangaroos sun bake on the beach.
- **Bunbury** - The cosmopolitan city of Bunbury, just two hours drive south of Perth, is located on a spectacular peninsular surrounded by blue waters of the Indian Ocean, Koombana Bay and the Leschenault Inlet.



HOW TO BOOK

TWO EASY WAYS ...

Complete a [booking form](#)
online.

Telephone
01903 502595 (UK)
or
1-603-574-4935 (USA)

**THANK YOU FOR YOUR INTEREST IN OUR
PROGRAMME!**

We hope you'll join us!

Don't hesitate to contact us with any questions.

We're happy to help you plan your exciting adventure!



www.travellersworldwide.com

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