



Travellers Worldwide is a leading International Provider of
Volunteering Programmes, Work Experience Internships
and Cultural Courses Abroad

BRAZIL



PORTUGUESE LANGUAGE COURSES IN RIO DE JANEIRO

Would you like to learn Portuguese? Or maybe improve your existing knowledge of the language? You have just taken your first steps towards broadening your horizons... There is no better or easier way to learn a language than to live it and breathe it ... and there is no better place to study than in vibrant, beautiful Brazil!

Thank you for your interest in this Project. Below is a description of what you can do and expect. You can participate whether you're taking a gap year, on a career break, retired, or on a holiday with a purpose. No matter what your age or experience, we look forward to welcoming you to the team!

WHAT DO YOU GET?

SELF-DEVELOPMENT:

- New skills, more confidence, a greater understanding of a different culture, invaluable personal and professional development.
- An entry on your CV or résumé that will put you head and shoulders above most others in the job market.

SAFETY AND SECURITY

- Your safety is our top priority. We risk-assess all destination countries, projects, accommodation and more to ensure that they are stable and safe.
- We have experienced local staff with 24/7 back-up and support who are there to assist you and look after you, starting with an in-depth induction on your arrival.

AN ADVENTURE!

- An exciting, never-to-be-forgotten adventure into Brazilian life and culture, and best of all ... **an unforgettable experience!**

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TravelQuest Ltd t/a Travellers, registered in England & Wales, Registered Office: 7 Mulberry Close, Ferring, West Sussex, BN12 5HY, Reg. No. 3072191, VAT Registration: 786540201

Prices: **From £895** for 1 week of 10 hours of lessons per week.

£275 for each additional week.

From £1145 for 1 week of 20 hours of lessons per week. £340 for each additional week

Excluding flights. See our [Full Price List Online](#)

SUMMARY

Duration: 1 week to 6 months, subject to visa requirements

Start Dates: All year round, you choose your start and finish dates.

Requirements: No qualifications needed

What's Included:

- ▶ Arranging your Programme,
- ▶ Payment Protection insurance
- ▶ Food (Breakfast only)
- ▶ Meeting you at the nearest airport
- ▶ 24-hr emergency support.
- ▶ Course fees and some materials.
- ▶ Full pre-departure support and assistance,
- ▶ Accommodation
- ▶ Transfer to your accommodation
- ▶ Local in-country team support and backup
- ▶ Certificate of Completion

What Not Included: Food (Lunch and Dinner, see above, breakfast is provided), Flights, Insurance, Cost of Visas (if a visa is required), Return transfer to airport.

PROJECT OVERVIEW

WORK CONTENT

When you have your first class the teacher will assess your level and will then develop a programme of learning appropriate to your standard, making learning a language easy and fun!

You have two choices regarding the intensity of the course you'd like to do:

- 10 hours per week - a gentle way to learn that still gives you plenty of time for sightseeing and exploring Rio
- 20 hours per week for a more intensive learning experience.



You'll study Portuguese (Brazilian) in an established Language School in Rio de Janeiro that has an excellent reputation and has been chosen by us for their track record in providing quality language lessons to 'foreigners'. The experienced and dedicated teachers are incredibly friendly and will go out of their way to ensure that you have an enjoyable experience learning Portuguese in Brazil.

Most of the time your lessons will be during the day on Monday to Friday, but it is possible that occasionally your lesson times will vary slightly. Teaching revolves around an intensive language program that utilizes innovative techniques on a one-teacher to one-student basis. You will receive individual tuition and lessons are prepared especially for you. Portuguese classes are normally held within walking distance of your accommodation.

Teachers try, where possible, to hold classes predominantly in Portuguese, but most teachers are fluent English speakers and will assist you in English if or when you get stuck. The fact that the classes are held in Portuguese helps to immerse you in the language and encourages you to converse and gain confidence in speaking Portuguese.

Any student attending a course should ensure to bring with them a good quality, compact dictionary that includes comprehensive Grammar tables. If you want to buy a phrasebook in preparation for your trip, ensure it is a Brazilian Portuguese phrasebook and not European Portuguese.

Portuguese lessons are strongly recommended if you are a complete beginner or if you are undertaking a teaching/care/football placement and want to improve your Portuguese at the same time. Speaking a little Portuguese will go a long way and will be highly appreciated. For combination programmes, we will ensure that your timetable is arranged to give you plenty of time in between your different placements.

Learning a language may appear difficult at first when trying to learn by yourself or in a segregated classroom at home. However, when you are living, working, socializing and breathing a new language – you learn fast – and the whole process is exciting, memorable and a lot of fun.... especially in Brazil...!! There are many benefits to learning

a foreign language abroad. You can interact with the local people and understand and appreciate the greater subtleties of a culture, such as the local literature, music, art, and folklore.

... And it's an excellent addition to your CV that might give you an advantage over your competitors in a tough job market!

ABOUT BRAZILIAN PORTUGUESE

Portuguese is similar to Spanish on paper but it sounds completely different to the ear. If you have an understanding of Spanish already you will find it easy to adjust to written Portuguese and you will be able to make yourself understood when speaking to local Brazilians, although you will probably not be able to understand them! Once you start to learn Brazilian Portuguese however it will be easy to transfer this knowledge. These languages are widely spoken around the globe. Mastering this language is time well spent!

The Portuguese spoken in Brazil differs from Portuguese in Portugal in terms of pronunciation and certain vocabulary. When the Portuguese settled in Brazil in the 16th century they encountered a diverse mix of languages of the indigenous Indians as well as various idioms and dialects brought over with the African slaves. The result was quite an extensively transformed spoken Portuguese. Although the upcoming generation will be different, currently not many Brazilians speak English and a basic understanding of Brazilian Portuguese is extremely handy!

The more you can interact with the local people and culture the more rewarding your travelling experience will be. Brazilian Portuguese is a beautiful language with a passionate musicality to its rhythm.

CARNAVAL!

Carnaval is celebrated all over Brazil. The most famous is, of course, held in Rio, but the authentic versions can also be found outside that city. Carnaval begins at midnight on the Friday before Ash Wednesday and lasts for five days, but the whole country stops for about two weeks.

"I have been studying Portuguese now for two months and it has been a brilliant and enlightening experience! I have already learnt so much and it has helped me in all my day to day interactions with the locals. My teacher is fantastic and has encouraged me every step of the way."

Jessica Tinsley

"My Portuguese lessons were so useful, because they made me feel more at ease and comfortable with being in Brazil, as well as being able to communicate with Jeba and people in clubs and shops, people at the hostel...At the end of the month I realised that I knew a lot more Portuguese than I thought."

Christina Homer

ACCOMMODATION

You'll stay at a welcoming modern hostel in leafy Laranjeiras, a wonderful area of Rio, just a 15 minute walk away from where you can take the train to Cristo Redentor – one of Brazil's biggest attractions!

With friendly staff and a relaxed atmosphere, you are sure to feel at home as soon as you step inside. The hostel comprises lots of facilities including 3 TV's, computers, free Wi-Fi, and 2 communal areas with a bar, dartboard, snooker table and play station and 3!

You will stay in a dorm room (female dorms for woman and mixed sex dorms for men) but upgrades to a private room is available at a supplement. You will have access



to a well equipped kitchen where you can prepare lunch and dinner and the hostel also offers a tasty Brazilian lunch for a good price.

Laranjeiras is one of the most traditional parts of Rio and is close to the Guanabara Palace and the Fluminense Football Club's training ground. You are just a 15 minute walk from the closest metro station and you can reach Copacabana beach in under 30 minutes. Nearby are banks, restaurants, supermarkets, shops, bars – everything you could need is right on your doorstep.

FOOD:

Breakfast is included in this project and is a fabulous spread of coffee, milk, fruit juice, bread, butter, jams, meat, eggs, yogurts, cereal, fruit and cakes which should set you up for the day.

You're located in the heart of Rio so there is an almost endless variety of dishes and restaurants, which is why we've provided the accommodation as breakfast only. Most of our volunteers regard eating out as one of the highlights of living in South America.

On your doorstep are numerous restaurants including local Brazilian fare, 'Por Kilo' restaurants (which charge based upon the weight of your food), Chinese, Japanese, Subway and snack shops galore! The snack shops, (Boteco's) are a good option where 'salgado's are served (a type of savoury pastry filled with meat, cheese or chicken) and 'pao de queijo' (literally 'cheese balls' – delicious little cheese and bread balls) that all cost around Rs 4.

One thing is for sure, you will not go hungry in Rio!

WHY TRAVELLERS WORLDWIDE?

- Over 20 years' experience of sending thousands of participants overseas, plus the largest variety of flexible projects that are value for money!
- Accredited projects helps appeal to future employers
- Excellent support!
- Your own dedicated Project Co-ordinator to answer all questions before, during and after your trip of a lifetime!
- Detailed information on your project and country and suggestions, safety guide, tips and checklists, via our EXTRANET, available from anywhere, 24/7.
- 24/7 emergency helpline for you and your family
- Free pick up from the nearest airport.



“I still haven't got over my Brazilian experience. :) Just wanted to thank you. It's been exactly as you told me it would be, mind blowing! As I tell everybody that asks, I just can't explain. You have to do it, to feel it in order to know what I'm talking about. Thank you, Travellers.”

Andrei Dinescu

“About our Travellers' in-country support: I loved them, honestly, and they were some of the nicest people I've ever met. They made me feel right at home.”

Canyon Cugini

HOW YOU MAKE A DIFFERENCE:

By joining a Travellers Program you enable us to keep donating money to worthwhile projects around the world; from clothing and feeding school children, building playgrounds or funding vital conservation research - your participation makes these donations possible.

Donations to **Bridge The Gap Foundation**. This Foundation was set up by us to donate directly to particularly worthwhile and necessary projects for children and animals around the world, and partners with other NGO's to raise match-funding for worthy projects.

The price of this project is a reflection of the following costs:

- ✓ Accommodation
- ✓ Food (Breakfast only)
- ✓ Meeting you at the airport
- ✓ Transport to and from your project
- ✓ Local in-country team support and backup
- ✓ 24hr emergency helpline
- ✓ Full pre-departure support
- ✓ UK administration
- ✓ Marketing (brochures, website design and maintenance, attending careers fairs, advertising, website listings and presentations)
- ✓ Project Research/Site Inspection
- ✓ Staff Training/Equipment
- ✓ Donations to worthwhile project

ADDITIONAL INFORMATION

Got any questions? Please email us: info@travellersworldwide.com

Once you have applied for a placement, we'll contact you and send you our Welcome Pack. You'll also receive Log-on details and password for our Volunteer Extranet where you'll have access to all the documentation and information which we've put together to facilitate preparations for your adventure!

Your Project Co-ordinator for your country will liaise with you throughout the arrangements process, as well as while you're on your placement and on your return home.

The documents you'll have access to also include a Country Factfile, Safety Guide and any manuals that may assist you on your particular programme (for example, Teaching Guide, Sports Manuals, Enrichment Suggestions for Animal Care, etc.).

We do all we can to make your stay one that you'll never forget.

As with all our destinations, the culture and heritage is different to what you're used to ... which, although one of the most exciting aspects of travelling, should be borne in mind. Self-reliance and independence are highly appreciated in all our destinations and will help you to make the most of this wonderful opportunity! This is a truly awesome, elegant and beautiful country.



THINGS TO DO IN BRAZIL

LOCATION, EXPLORING AND SIGHTSEEING:

Location:

The hostel is located only a 15 minute-walking distance away from the Arches of 'Lapa', 'Cinelandia' and 'Flamengo', from where you can visit Sugar Loaf Mountains (Pao de Acucar) and the Statue of Christ, the Redeemer; only 3 minutes away from 'Catete' Underground station, where you can catch the train and get to 'Copacabana' or 'Ipanema' beach in less than 15 minutes.

There are several banks, ATMs, supermarkets, drugstores, cinema, hotels, shops, etc., all within a couple of minutes away, which makes the area interesting and busy, even at night! The options for entertainment are endless too; one night you can choose to watch a film at the cinema, or you can just chill out with friends in a local bar or pub. The romance of Brazil takes one's breath away.



THINGS TO DO IN RIO:

Visit the beach!

Choose from the famous **Copacabana**, **Ipanema**, **Barra de Tijuca** (pronounced Ba-ha), and **Leblon**, to name but a few! Copacabana is probably the world's most famous beach, with 3 miles of sunbathers and beach parties in front of one of the most densely populated cities on the planet.

Ipanema is Rio's most chic beach for the rich and the beautiful. Brazilians prefer busy beaches, with crowds of people, beach volleyball players, food sellers and sun tanners.

Volleyball, futevoley (volleyball but where you can't use your hands!) and beach soccer.

Futebol (soccer) is the national obsession, and Rio is the location of **Maracana Football stadium**, the largest stadium in the world. Many football legends have played in this ground.

Surfing in perfect rolling waves is ideal for beginners or more advanced surfers.

There are excellent opportunities for **rock climbing** in and near Rio and **hiking** is great along the coast and in some of the national and state parks.

For some adrenaline packed fun, try **hang-gliding**, especially around Pedra Bonita, near Pepino beach. The city has grown around the very green **Tijuca Forest**, creating the largest urban forest in the world. There are various trails into the forest and exploring it could easily take an entire day.

CARNAVAL!

Like Mardi Gras, Carnival has its roots in ancient pagan ritual. The wild parties began in the Middle Ages. Over time it flourished and incorporated extravagant costumes from India and primitive carnal beats from African rhythm. Carnival takes place before Lent where Catholic Brazilians officially gave up luxuries such as meat, alcohol and pastries.

The excitement of Carnival builds practically all year round. Rehearsals at samba schools begin in August and marching percussion bands practise for their performances of music throughout the year.

Carnaval Balls are extreme, surreal and erotic events. There is various stages of undress, extravagant body painting, stickered tattoos, fishnets and spandex involved! Hypnotic music, grinding movements and beautiful ladies of the night vying for the camera's attention are included in the price of the ticket. Some of these beautiful ladies are less 'lady' than they may appear... Street Carnival is all about the dancing in the streets, marching bands pump out their theme tune and other rhythms as the drag queens and party crazed people bop along behind.

The samba parades are perhaps a highlight of carnival. As the Lonely Planet so nicely puts it, the Brazilians harness sweat, noise and confusion and turn it into art. The best Samba schools in the country prepare all year for their moment of glory. This procession is a competition of the art.

There are many aspects to samba including percussion, song, dance, choreography, costumes, story line, floats and decorations. The winner of the samba parades earns admiration and the pride of Rio and all of Brazil.

HOW TO BOOK

TWO EASY WAYS ...

Complete a [booking form](#)
online.

Telephone
01903 502595 (UK)
or
1-603-574-4935 (USA)

**THANK YOU FOR YOUR INTEREST IN OUR
PROGRAMME!**

We hope you'll join us!

**Don't hesitate to contact us with any questions.
We're happy to help you plan your exciting adventure!**



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