



Travellers Worldwide is a leading International Provider of
Volunteering Programmes, Work Experience Internships
and Cultural Courses Abroad

CAMBODIA



TEACH DISADVANTAGED CHILDREN IN A SCHOOL IN SAMRAONG

Teach deserving children at a school with 230 eager-to-learn children in Samrong in Oddar Meanchey Province. The children come from 6 different villages in the area and the school provides free education to those who otherwise couldn't afford it.

You'll teach the children English in an informal way and also help in other activities, like helping them in their own vegetable patches!). You'll have lots of flexibility and your creativity is encouraged, e.g. helping the children with drawing art, singing or other activities. You don't need any qualifications.

Thank you for your interest in volunteering on this Project. Below is a description of what you can do and expect. You can volunteer whether you're taking a gap year, on a career break, retired, or on a holiday with a purpose. No matter what your age or experience, we look forward to welcoming you to the team!

WHAT DO YOU GET?

SELF-DEVELOPMENT:

- New skills, more confidence, a greater understanding of a different culture, invaluable personal and professional development.
- The enormous satisfaction of helping disadvantaged children and knowing that you made a difference to them.
- An entry on your CV or résumé that will put you head and shoulders above most others in the job market.

SAFETY AND SECURITY

- Your safety is our top priority. We risk-assess all destination countries, projects, accommodation and more to ensure that they are stable and safe.
- We have experienced local staff with 24/7 back-up and support who are there to assist you and look after you, starting with an in-depth induction on your arrival.

AN ADVENTURE!

- An exciting, never-to-be-forgotten adventure into Asia and the Cambodian culture, and best of all ... **an unforgettable experience!**

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SUMMARY

Prices: From **£495**, excluding flights. See our [Full Price List Online](#)

Duration: From 1 week to 12 weeks or longer, subject to visa requirements

Start Dates: All year round, subject to school holidays - you choose your start and finish dates.

Requirements: No qualifications or experience required, just lots of enthusiasm a love of children.

What's Included:

- ▶ Arranging your Programme,
- ▶ Payment Protection insurance
- ▶ Food
- ▶ Meeting you at the nearest airport
- ▶ Transport to and from your project
- ▶ 24-hr emergency support.
- ▶ Full pre-departure support and assistance,
- ▶ Accommodation
- ▶ Certificate of Completion
- ▶ Transfer to your accommodation
- ▶ Local in-country team support and backup
- ▶ Free T-Shirt.

What Not Included: Flights, Insurance, Cost of Visas (if a visa is required), Return transfer to airport.

PROJECT OVERVIEW

WORK CONTENT:

There are two main objectives at this project. Firstly education, and consequently, secondly trying to offer a better future for under-developed children from poor and remote areas. As well as simply offering this education, we are also trying to promote and encourage this among children who are not currently receiving any schooling.

The children themselves come from the Pul village, as well as five other surrounding villages. Their ages are from 6-15 years old. They currently have only a basic level of English. Classroom sizes are typically between 25-30 students. The school consists of six separate classrooms.

The classroom is equipped with basic teaching resources, such as a blackboard and flash cards for participants to use. The students also have pencils and paper.

Teaching time with the students is divided into two shifts. The first beginning in the morning from 8am – 11am. The afternoon shift is from 2pm to 5pm. We advise you to do one teaching shift, combined with some construction or gardening each day, although we also believe that you should work mostly where you believe your skill set is best utilized.

The School also has an adjoining vegetable garden. Here each student has been designated with a small plot of land to farm their own vegetables. Maintaining this is a challenging job, but has the benefits of both physical and mental well-being. Helping the children out with the farming work is available to you, if you would like to engage in this. This is an extremely valuable task!

Much of the school has been built with the help of previous volunteers and local tradesman. However, the work here is far from done. Volunteers are able to continue to assist in the construction of a new pathway, toilets, as well as building walls and renovation of the nearby area.

We are also set to work on some "educational art", so if you have any artistic talent, your input would be very gratefully received! We would like several walls to display images and sketches of participants' home countries. Examples would be flags and various other cultural symbols. We feel this will be a nice way of reflecting the work done by volunteers of the past six years.



Schedule

Monday to Friday:

The core focus of the teaching project will depend upon the needs of the school at that time. The main role played by participants will be:

- Teaching English on a non-formal basis
- Working with the children in their vegetable garden (for their own consumption)
- Creating activities for the students, including workshops for cultural exchange
- Art & Handicraft activities
- Sports after classes
- Environmental awareness activities (Clean Up the World)
- Construction and renovation of school and local community



You don't need any qualifications for this project and you'll experience the best of the region, history and spirituality that Cambodia has to offer... and that's saying something!

FREE TEACHING GUIDE

We provide you with a Teaching Guide and suggestions on inexpensive resources to take with you. Children are always fascinated with volunteers and want to learn as much as possible about you. They love to hear stories about you, your family and where you are from so it is ideal to take pictures, maps, magazine articles and photos of your family and friends with you. You can also use these as excellent resources for a lesson to promote discussion and interest.

“Teaching English to these kids in need gave me a great sense of accomplishment and gave me a new appreciation for the opportunities and life I have. It was extremely fulfilling.”

le Ting Tan

ACCOMMODATION

ACCOMMODATION:

You will be housed with a local home-stay family in a typical wooden Khmer-style house. You'll share a room with other volunteers. Electricity at the accommodation is available from 5.00 p.m. to 10.00 p.m. and life in the family home-stay is typically Khmer (e.g. fan in the room, shower and western toilet (but no flush) and no hot water).

FOOD:

All food is included during your stay. The meals will be typical Cambodian fare, including plenty of rice dishes.

A little about Cambodian food:

Cambodian food has generally been influenced by Chinese and French cuisine, and also shares many common dishes with Thai food, although not as spicy. The staple food for Cambodians is rice. Almost every meal includes a bowl of rice, although noodles are also popular. A wide range of curries, soups and stir fried are served with rice. Typically, Cambodians eat their meals with at least three or four separate dishes. A meal will usually include a soup, or salmon, served alongside the main courses. Each individual dish will be either sweet, sour, salty or bitter. Chilli is usually left up to the individual to add themselves.

Khmer cuisine also uses many vegetables, some of which are very unusual, such as different and unusual local varieties of melon, beans and squash. Fish is the most common form of meat in Khmer cuisine, including dried salted fish known as **trei ngeat**. Getting to taste and know local cooking is one of the many delights of living in a foreign country.



WHY TRAVELLERS WORLDWIDE?

- Over 20 years' experience of sending thousands of participants overseas, plus the largest variety of flexible projects that are value for money!
- Accredited projects helps appeal to future employers
- Excellent support!
- Your own dedicated Project Co-ordinator to answer all questions before, during and after your trip of a lifetime!
- Detailed information on your project and country and suggestions, safety guide, tips and checklists, via our EXTRANET, available from anywhere, 24/7.
- 24/7 emergency helpline for you and your family
- Free pick up from the nearest airport.

HOW YOU MAKE A DIFFERENCE:

By joining a Travellers Program you enable us to keep donating money to worthwhile projects around the world; from clothing and feeding school children, building playgrounds or funding vital conservation research - your participation makes these donations possible.

Donations to **Bridge The Gap Foundation**. This Foundation was set up by us to donate directly to particularly worthwhile and necessary projects for children and animals around the world, and partners with other NGO's to raise match-funding for worthy projects.

The price of this project is a reflection of the following costs:

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|--|---|
| ✓ Accommodation and Food | ✓ UK administration |
| ✓ Free T-Shirt | ✓ Marketing (brochures, website design and maintenance, attending careers fairs, advertising, website listings and presentations) |
| ✓ Meeting you at the airport | ✓ Project Research/Site Inspection |
| ✓ Transport to and from your project | ✓ Staff Training/Equipment |
| ✓ Local in-country team support and backup | ✓ Donations to worthwhile projects |
| ✓ 24hr emergency helpline | |
| ✓ Full pre-departure support | |

"Caitlin, our in-country support, was amazing. She was really helpful, supportive, encouraging and enthusiastic. She was particularly helpful in getting the ball rolling in terms of sorting out flights with only weeks to go!"

Gemma Bleakley

ADDITIONAL INFORMATION

Got any questions? Please email us: info@travellersworldwide.com

Once you have applied for a placement, we'll contact you and send you our Welcome Pack. You'll also receive Log-on details and password for our Volunteer Extranet where you'll have access to all the documentation and information which we've put together to facilitate preparations for your adventure!

Your Project Co-ordinator for your country will liaise with you throughout the arrangements process, as well as while you're on your placement and on your return home. The documents you'll have access to also include a Country Fact file, Safety Guide and any manuals that may assist you on your particular programme (for example, Teaching Guide, Sports Manuals, Enrichment Suggestions for Animal Care, etc.). We do all we can to make your stay one that you'll never forget. As with all our destinations, the culture and heritage is different to what you're used to ... which, although one of the most exciting aspects of travelling, should be borne in mind. Self-reliance and independence are highly appreciated in all our destinations and will help you to make the most of this wonderful opportunity!

THINGS TO DO IN CAMBODIA

LOCATION, EXPLORING AND SIGHTSEEING:

ANGKOR WAT: Surrounded by beautiful rice fields, lakes and jungles truly one of mankind's most incredible achievements, this ancient city of temples will take your breath away and leave you traipsing through a mystical magnificent past. Built between 800 - 1200 AD by the Khmer Empire, more than 200 temples have been restored, to some extent enabling you an insight into life from this time. There are more than 1,000 ancient sites of Angkor although several are now almost entirely gone. Angkor Wat is a symbol of Cambodia and is the country's prime attraction for visitors.

SIEM REAP: Is a lively stop off destination on the South Asia tourist trail! With the flat plane jungle ruins catapulted to fame via Lara Croft just over the outskirts, the town is geared up for travellers and this is no more evident than in 'Pub Street' a place to drink beer and make new friends. Siem Reap was a fashionable destination for the 1960's elite pack wanderers and, according to the Lonely Planet, is once again one of the most popular spots on the planet today having reinvented itself as the heart of Cambodia, scattered with guesthouses, superb food and a steady flow of tourists from near and far.

Although developing fast, Siem Reap retains its charm with colonial, Chinese and old-style French architecture, shady boulevards and a river amidst the upsurge of hotels and new resorts. In the city, you'll find traditional dance, craft shops, silk farms, rice-paddy countryside, fishing villages and markets of all kinds! Other local attractions include Angkor National Museum and the Cambodian Cultural Village.

This is a great time to be here. Siem Reap is a place you can get stuck, in the best possible way. The temples of Angkor are to be savoured leisurely and the city to be discovered and enjoyed at any pace you desire!

Although the second main city of Cambodia, the city itself is fairly small and feels more like a town than a city. Most people in this area are farmers. Despite the tourism industry, the people are generally extremely poor, even by South East Asian standards. Silk farming is particularly popular. The local population is 171,800 with Buddhism the major religion and Khmer the local language, although most people speak English and also some French.

There is an International Airport in Siem Reap and a very good bus service connecting to Phnom Penh.



HOW TO BOOK

TWO EASY WAYS ...

Complete a [booking form](#) online.

Telephone
01903 502595 (UK)
or
1-603-574-4935 (USA)



THANK YOU FOR YOUR INTEREST IN OUR PROGRAMME!

We hope you'll join us!

Don't hesitate to contact us with any questions.

We're happy to help you plan your exciting adventure!

www.travellersworldwide.com

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