



Travellers Worldwide is a leading International Provider of
Volunteering Programmes, Work Experience Internships
and Cultural Courses Abroad

CHINA

1-WEEK CHINESE CULTURAL IMMERSION PROGRAMME IN FENGYHAN VILLAGE

Ni Hao and Welcome to China. This fun-filled 1-week Culture Immersion Programme enables you to integrate into the rich cultural life of China. You'll meet local people, taste the local cuisine and get familiar with Chinese customs. This course is a wonderful way to be introduced to China

Thank you for your interest in this Project. Below is a description of what you can do and expect. You can volunteer whether you're taking a gap year, on a career break, retired, or on a holiday with a purpose. No matter what your age or experience, we look forward to welcoming you to the team!

WHAT DO YOU GET?

SELF-DEVELOPMENT:

- New skills, more confidence, a greater understanding of a different culture, invaluable personal and professional development.
- A unique insight into another culture – see it from the inside in a way you could never do as a tourist.
- An entry on your CV or résumé that will put you head and shoulders above most others in the job market.

SAFETY AND SECURITY

- Your safety is our top priority. We risk-assess all destination countries, projects, accommodation and more to ensure that they are stable and safe.
- We have experienced local staff with 24/7 back-up and support who are there to assist you and look after you, starting with an in-depth induction on your arrival.

AN ADVENTURE!

- An exciting, never-to-be-forgotten adventure into the Orient and the fascinating Chinese culture, and best of all ... **an unforgettable experience!**

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TravelQuest Ltd t/a Travellers, registered in England & Wales, Registered Office: 7 Mulberry Close, Ferring, West Sussex, BN12 5HY, Reg. No. 3072191, VAT Registration: 786540201

Prices: From £375, for 1 week excluding flights. See our [Full Price List Online](#)

Duration: This is a 1-Week programme, but can be done prior to your main Project/s.

Start Dates: Programmes start every Monday throughout the year, so you can choose your start and finish dates.

Requirements: Minimum age 17, no qualifications required.

What's Included:

- ▶ Arranging your Programme,
- ▶ Payment Protection insurance
- ▶ Food
- ▶ Meeting you at the nearest airport
- ▶ Transport to and from your project
- ▶ 24-hr emergency support.
- ▶ Full pre-departure support and assistance,
- ▶ Accommodation
- ▶ Transfer to your accommodation
- ▶ Local in-country team support and backup
- ▶ Certificate of Completion
- ▶ Free T-Shirt.

What Not Included: Flights, Insurance, Cost of Visas, Return transfer to airport.

SUMMARY

PROJECT OVERVIEW

PROGRAMME CONTENT

Discover the rich and dynamic culture of China in a week of integrated learning and discovery with our English speaking Chinese co-ordinators. This programme takes you beyond politics, away from the big cities, normal tourist attractions. It takes you into the traditional lives of the rural communities, understanding their culture and everyday activities. You'll see beyond hearing about 'face' and 'guanxi' into a real understanding of what they mean.

You will go to the Confucius temple, not just to look, but to understand what it meant, how it felt, to be the No 1 scholar in the Emperor's examinations and the route through the temple that only you could travel. Of course you will learn about how to make dumplings, taste oil tea, and learn the rudiments of the language, practice calligraphy, learn some of the rituals. But the focus is on developing a deep understanding of everyday China and its cultural roots.

It is the ideal start point for anyone visiting China. Many participants come on this programme before attending other programmes. Your schedule will alter depending on weather and time of year which would relate directly to the local event and festivities happening at the time of your programme. However you are also able to focus your program depending on your interests and further volunteering programs you might be following onto.

A typical week in the Cultural Immersion is as follows:

Monday: Start your day with a typical Chinese breakfast, followed by Chinese language lessons and a tour Fengyan village, which will include the Old house. After lunch you will learn about Chinese philosophy and what is found Taboo. In the evening you will have the opportunity to visit a local family for a welcome party and learn how to make oil tea.

Tuesday: Your second Chinese lesson will follow breakfast and then you will visit Lianhua town where you will register and you can do some shopping. After lunch you will have a culture session about Chinese festivals which will lead onto a late afternoon visit Hongyan village and a climb up one of the mountains and finishing the day with Bamboo rafting.

Wednesday: Your morning will be spent studying and participating in Chinese language lessons, Calligraphy and painting, followed by a Chinese culture session focused on the History of China. In the Afternoon you will visit the Confucius and Guangong temples and walk along the Cha River. You won't just look at the Confucius temple, you'll understand what it felt like to be the number one scholar in the Imperial city, to pass the Emperor's examinations and the path through the temple that only you were allowed to walk. In the evening, if you would like, you can join the Gongcheng BBQ.



Thursday: Today you are going to learn how to buy and bargain in Chinese, and then visit the Market of Lianhua to buy some food and practice what you have learned. The afternoon will be filled with further culture lesson and an introduction into Chinese cooking, where you will learn how to make Dumplings among other things.

Friday: This morning not only will you further improve on your Chinese but also learn different Chinese songs. Your final lesson for the day will be the art of paper cutting, which is strong in Chinese culture as paper was originally invented in the Eastern Han Dynasty in the 2nd Century AD. Free time will be given in the afternoon for preparation for your weekend.

Saturday and Sunday: You are able to travel freely today and visit Yangshuo and Gongcheng, explore the culture with your newly acquired knowledge in culture and language, or alternatively you can stay at the centre and rest before your next adventure. Most evenings are spent learning how to play Chinese games like; Mah-jong, Chess or watching Chinese films.

There is one rule to this program, if you wish to know something ... Ask. You're encouraged to learn and investigate as much as you want, as the more you know the greater your experience of China will be.

“It was the most amazing experience ever. We met so many awesome people, saw some amazing sites, and had a lot of experiences that I will never ever forget.”

Karina Toy

“I really do not want to leave! And I can definitely say this has been one of the best times of my life! It really has, it has changed my life in so many different ways I can't explain in words!”

Jordan Scott

ACCOMMODATION

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You'll stay in a pleasant and cosy house, which is run like a family, with the volunteers and project coordinators all contributing by keeping the home neat and tidy.

Rooms are shared with 2-6 other people and include hot and cold water, western style toilets and fans.

Laundry facilities are available and a bar with a variety of drinks and food unique to Chinese culture is available.

Wi-Fi facilities are available through-out the centre, so you are able to Skype and Facebook friends and family.

Upgrades: Upgrade options are available for couples, families or those with a slightly larger budget who prefer 4* hotel luxury. The Western style 4-star hotel will give you your own room and air conditioning. This option is particularly attractive to older participants who have a larger budget that they prefer to spend on their 'home comforts'. Please note that the cost of this is additional to the cost of the programme. These will be subject to availability at time of booking. Please contact us for further details.

FOOD

Breakfast, lunch and dinner are provided and eaten together at the centre. These will be typical rural Chinese dishes comprising of rice or noodles mixed in with vegetables and often some meat. However we are able to accommodate a vegetarian diet if informed upon booking.



WHY TRAVELLERS WORLDWIDE?

- Over 20 years' experience of sending thousands of participants overseas, plus the largest variety of flexible projects that are value for money!
- Accredited projects helps appeal to future employers
- Excellent support!
- Your own dedicated Project Co-ordinator to answer all questions before, during and after your trip of a lifetime!
- Detailed information on your project and country and suggestions, safety guide, tips and checklists, via our EXTRANET, available from anywhere, 24/7.
- 24/7 emergency helpline for you and your family
- Free pick up from the nearest airport.

“The trip was an amazing time and has made me eager to want to travel again in the future with Travellers.”

Abby Poar

“My placement was an unbelievable experience and I had an amazing time - thank you for helping me to have such a great experience! Travellers were very helpful, whenever something was asked or wanted it was provided to the best level...”

Ruairudh Couston

HOW YOU MAKE A DIFFERENCE:

By joining a Travellers Program you enable us to keep donating money to worthwhile projects around the world; from clothing and feeding school children, building playgrounds or funding vital conservation research - your participation makes these donations possible. Donations to **Bridge the Gap Foundation**. This Foundation was set up by us to donate directly to particularly worthwhile and necessary projects for children and animals around the world, and partners with other NGO's to raise match-funding for worthy projects.

The price of this project is a reflection of the following costs:

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| ✓ Accommodation and Food | ✓ Marketing (brochures, website design and maintenance, attending careers fairs, advertising, website listings and presentations) |
| ✓ Meeting you at the airport | ✓ Project Research/Site Inspection |
| ✓ Transport to and from your project | ✓ Staff Training/Equipment |
| ✓ Local in-country team support and backup | ✓ Free T-Shirt |
| ✓ 24hr emergency helpline | ✓ Donations to worthwhile project |
| ✓ Full pre-departure support | |
| ✓ UK administration | |

ADDITIONAL INFORMATION

Got any questions? Please email us: info@travellersworldwide.com

Once you have applied for a placement, we'll contact you and send you our Welcome Pack. You'll also receive Log-on details and password for our Volunteer Extranet where you'll have access to all the documentation and information which we've put together to facilitate preparations for your adventure!

Your Project Co-ordinator for your country will liaise with you throughout the arrangements process, as well as while you're on your placement and on your return home. The documents you'll have access to also include a Country Factfile, Safety Guide and any manuals that may assist you on your particular programme (for example, Teaching Guide, Sports Manuals, Enrichment Suggestions for Animal Care, etc.). We do all we can to make your stay one that you'll never forget.



As with all our destinations, the culture and heritage is different to what you're used to ... which, although one of the most exciting aspects of travelling, should be borne in mind. Self-reliance and independence are highly appreciated in all our destinations and will help you to make the most of this wonderful opportunity! This is a truly awesome, elegant and beautiful country.

THINGS TO DO IN CHINA

LOCATION, EXPLORING AND SIGHTSEEING:

Some of the highlights of the rest of China are:

The Army of Terracotta Warriors outside Xi'an - 6000 soldiers and horses that were originally designed to guard the tomb of an ancient Emperor. 2000 years old, these warriors were discovered by accident in the 1970s by peasants digging a well! Every figure differs in facial features and expression, and they make for an amazing sight!

Tropical Xishuangbanna - China's very own South-East Asia complete with sunshine, Thai style temples, Dai minority dancing and water splashing festivals! Here you can explore tribal villages on the border with Burma, or trek through the rainforest.

Northern China, along the path of the ruins of the Great wall, also has many sights, and a slightly rough-around-the-edges charm. Here, you can visit the Gobi desert & climb enormous sand dunes in Gansu Province or explore ancient grottoes and caverns full of religious art & Buddha statues at Dunhuang or Datong. You can even spend a night camping out under the stars in a yurt on the epic grasslands of Inner Mongolia. Here you might find yourself taking part in traditional Mongolian wrestling or drinking the local spirit (hopefully not at the same time!)

China's big cities - The economic and cultural and centres of this blossoming nation can be found in its 3 big cities - Beijing, Shanghai and Hong Kong. These cities are practically alive with energy and each deserve a visit during your time in China. They represent the glitz and glamour of China's future and everything that's hip in China's new youth, with the rich history of Chinese culture running strongly through them.

The far North-West - Xinjiang Province in the far North-West of China next to the borders with Mongolia & Kazakhstan is a multicultural melting pot of Han Chinese, Uyghurs (the local Muslim people) and Kazakhs. Here you can visit Tian Chi, a lake halfway up a mountain inhabited by nomadic Kazakh people or take part in local grape making in the desert around Turpan



HOW TO BOOK

TWO EASY WAYS ...

Complete a [booking form](#) online.

Telephone
01903 502595 (UK)
or
1-603-574-4935 (USA)



THANK YOU FOR YOUR INTEREST IN OUR PROGRAMME!

We hope you'll join us!

Don't hesitate to contact us with any questions.

We're happy to help you plan your exciting adventure!

www.travellersworldwide.com | www.travelersworldwide.org