

# **GHANA**



### COACH FOOTBALL TO UNDERPRIVILEGED CHILDREN

Coach football in dusty fields in Africa ... does it get any better than that? Many children in Ghana don't have the opportunity to receive proper coaching and they lack basic ball skills and understanding of Football. You'll be able to harness their enthusiasm and teach them how to use their raw talent more effectively and in a structured way.

You'll work with a number of schools, coaching football during lesson times and coaching the school teams after school. You'll also combine your coaching with some normal teaching, such as English, thus giving you a wider range of experience and enabling you to get to know your students even better.

Thank you for your interest in volunteering on this Project. Below is a description of what you can do and expect. You can volunteer whether you're taking a gap year, on a career break, retired, or on a holiday with a purpose. No matter what your age or experience, we look forward to welcoming you to the team!

### **SELF-DEVELOPMENT:**

### WHAT DO YOU GET?

- New skills, more confidence, a greater understanding of a different culture, invaluable personal and professional development.
- The enormous satisfaction of helping disadvantaged children and knowing that you made a difference to them.
- An entry on your CV or résumé that will put you head and shoulders above most others in the job market.

#### SAFETY AND SECURITY

- Your safety is our top priority. We risk-assess all destination countries, projects, accommodation and more to ensure that they are stable and safe.
- We have experienced local staff with 24/7 back-up and support who are there to assist you and look after you, starting with an in-depth induction on your arrival.

#### AN ADVENTURE!

An exciting, never-to-be-forgotten adventure into Africa and the fascination Ghanaian culture, and best of all
 ... an unforgettable experience!

**SUMMARY** 

**Prices:** From £945 excluding flights. See our <u>Full Price List Online</u>

Duration: From 2 weeks to 6 months, subject to visa requirements

Start Dates: All year round, subject to school terms - you choose your start and finish dates.

**Requirements**: Minimum age 17. You don't have to a great knowledge of the game and the rules, but you must be an enthusiastic person who enjoys playing the game.

#### What's Included:

- ► Arranging your Programme.
- ▶ Payment Protection insurance
- ▶24-hr emergency support.
- ► Meeting you at the nearest airport
- ► Certificate of Completion
- ► Transport to and from your project
- ► Full pre-departure support and assistance,
- ► Accommodation and Food
- ► Transfer to your accommodation
- ► Local in-country team support and backup
- ► Free T-shirt

What Not Included: Flights, Insurance, Cost of Visas, Return transfer to airport.

## **PROJECT OVERVIEW**

#### **WORK CONTENT**

You'll work with a number of schools in Accra, coaching football during lesson times and coaching the school teams after school. You could also be involved in organising, managing and running the Travellers Football Tournaments. Football is a massive sport and played by millions across the country on typical African dirt pitches. With players like Michael Essien, Ghana has an abundance of talent ... and undiscovered talent waiting to be found.

The schools are a mixture of primary, junior and secondary. You will generally be asked to teach football to all age groups. You are very likely to be in popular demand everywhere - in and out of the classroom.



Whilst you are on your Coaching Football project you'll also help with other subjects such as Teaching English, as Coaching is not full time. There are no qualifications needed but a good level of English is required.

As there is very little sports infrastructure and little opportunity for schools to play in competitive tournaments in Ghana, Travellers have created a number of tournaments which allow the children to use the skills they have learnt from the volunteers and put them into practice playing against other schools. If you are involved in one of the Travellers tournaments, it will be the highlight of your placement. You'll see how all of the work you have done on your placement will have paid off - and to see the enjoyment it brings to the children is priceless.

### Play wih KWABENYA ROYALS (Division 3):

We have a link with a local team called KWABENYA ROYALS who play in Division 3 in Ghana. Some of our recent football volunteers have been training and coaching this team before school and have made a real impact. So whatever your standard and level of expertise in football, we are able to cater for your needs. Playing for a local team will give you a real insight into Ghanaian football and culture. This opportunity all depends on their timetables but this is a wonderful chance to train with some really talented players.

#### SCHOOL TERMS AND HOLIDAYS:

Coaching is not available during school holidays, so if you're planning to participate in a placement, please take the school term dates into account when planning the timing of your project. During the school holidays Travellers run a Summer Camp for the children to give them something to do and a place to go that provides them with food and keeps them off the street.

On the other hand, if a holiday falls during your proposed placement, you could use this time to do any independent travelling and sightseeing... Dates for the school terms (semesters) are given below (These dates are used as a guideline and can change yearly)

Dates for the 2015 school terms (semesters) are as follows:

- Term 1: 6th January 9th April
- Term 2: 5th May 30th July
- Term 3: 2nd September 11th December

### WHAT IS REQUIRED OF YOU ... AND GHANAIAN TIME!

You don't have to have a great knowledge of the game and the rules, but you must be an enthusiastic person who enjoys playing the game. Self-reliance, independence and initiative are highly appreciated and a sense of humour when the electricity fails, or buses don't turn up, will help you to make the most of this wonderful opportunity!

Like all our destination countries, the culture in Ghana is different to what you're used to. For example, the people are exceptionally friendly and helpful, with big smiles and a relaxed attitude. On the other hand, the living standard falls short of UK or Western standards. And **Ghanaian time** is when someone says, "See you at 10.a.m." - what he really means is, "I'll see you sometime tomorrow" ... And then he may not turn up at all.

The pace of life is slower and more relaxed, but you'll quickly get involved in the daily life of the local people and pretty soon you'll feel completely at home - Ghana has that effect on you!

#### FREE COACHING MANUALS:

As a volunteer sports coach with Travellers, you have access to a large number of coaching manuals for each sport these manuals have been produced in-house by Travellers and are generally very useful in helping you to plan coaching sessions for your students.

"I would have to say that the Travellers Football Tournament we have just completed, pitting the U12 teams from the schools where we coach, together in a day of festivities was a joy to watch. The kids were infectiously enthusiastic, friendly and genuinely talented at every school we worked at. We generally did 3 or 4 sessions a day, usually around an hour in length."

**Louis Rutheford** 

### **ACCOMMODATION**

#### ACCOMMODATION

Your accommodation will vary depending on your work location, but will either be in a family run hostel or with a host family. This means that you get to eat, sleep, work, socialise and generally live like a Ghanaian. This enables you to fully experience the local culture from the inside.

Many of our volunteers remain friends with their host families long after they leave Ghana and in some cases they return to the country later especially to visit their family. Sometimes members of their Ghanaian family have even gone to visit them in their home country.

### **FOOD**

Food is included in this placement and will be local cuisine - again this

is to enable you to fully experience living as local Ghanaians do. When we arrange your placement, we will liaise extensively with you regarding both the placement and your accommodation. As always, our Local Manager will look after you well and will always be on hand to help and offer advice.



### WHY TRAVELLERS WORLDWIDE?

- Over 20 years' experience of sending thousands of participants overseas, plus the largest variety of flexible projects that are value for money!
- Accredited projects helps appeal to future employers
- Excellent support!
- Your own dedicated Project Co-ordinator to answer all questions before, during and after your trip of a lifetime!
- Detailed information on your project and country and suggestions, safety guide, tips and checklists, via our EXTRANET, available from anywhere, 24/7.
- 24/7 emergency helpline for you and your family
- Free pick up from the nearest airport.

"Everything at this end has been brilliant. The organisation has been first class - from the arrangements to meet at the airport through to showing us a large number of sites around the city. We have been extremely well taken care of."

Tim Myles

### **HOW YOU MAKE A DIFFERENCE:**

By joining a Travellers Program you enable us to keep donating money to worthwhile projects around the world; from clothing and feeding school children, building playgrounds or funding vital conservation research - your participation makes these donations possible. Donations to Bridge the Gap Foundation. This Foundation was set up by us to donate directly to particularly worthwhile and necessary projects for children and animals around the world, and partners with other NGO's to raise match-funding for worthy projects.

The price of this project is a reflection of the following costs:

- ✓ Accommodation and Food
- ✓ Meeting you at the airport
- ✓ Transport to and from your project
- ✓ Local in-country team support and backup
- √ 24hr emergency helpline
- ✓ Full pre-departure support
- ✓ Free T-shirt

- Marketing (brochures, website design and maintenance, attending careers fairs, advertising, website listings and presentations)
- ✓ Project Research/Site Inspection
- ✓ Staff Training/Equipment
- ✓ UK administration
- ✓ Donations to worthwhile project

### **ADDITIONAL INFORMATION**

Got any questions? Please email us: info@travellersworldwide.com

Once you have applied for a placement, we'll contact you and send you our Welcome Pack. You'll also receive Log-on details and password for our Volunteer Extranet where you'll have access to all the documentation and information which we've put together to facilitate preparations for your adventure!

Your Project Co-ordinator for your country will liaise with you throughout the arrangements process, as well as while you're on your placement and on your return home. The documents you'll have access to also include a Country Factfile, Safety Guide and any manuals that may assist you on your particular programme (for example, Teaching Guide, Sports Manuals, Enrichment Suggestions for Animal Care, etc.). We do all we can to make your stay one that you'll never forget. As with all our destinations, the culture and heritage is different to what you're used to ... which, although one of the most exciting aspects of travelling, should be borne in mind. Self-reliance and independence are highly appreciated in all our destinations and will help you to make the most of this wonderful opportunity! This is a truly awesome, elegant and beautiful country.



### THINGS TO DO IN GHANA

# LOCATION, EXPLORING AND SIGHTSEEING:

Ghana is a wonderfully welcoming country and the people are overwhelmingly hospitable and friendly. They love their music, dancing and socialising, and this, together with lots of glorious open African country and sunshine, contribute to making your travel adventure to Ghana very special.

### **ABOUT ACCRA:**

Accra, on the coast of the Gulf of Guinea, is both big-city hectic and African laid-back. There is something else this African city has that makes up for lack of planning and fancy buildings. It is a wonderful city to experience. It is full of character, has a warm feel, is extremely friendly and feels very safe. It also has some great beaches!



It is a city that is young, wild and full of soul and here you'll sample the true African spirit.

During the day, the streets are full of market stalls and vendors where you can browse and buy mouthwatering foods, colourful **Kente cloth**, beads, or baskets. Don't forget to practice your haggling.

During the night the city comes alive with the traditional Ghanaian 'spot' bars and the sound of live drumming music in the warm night air. Village-specific festivals and events occur throughout the year.

## **HOW TO BOOK**

### TWO EASY WAYS ...

Complete a booking form online.

Telephone 01903 502595 (UK) or 1-603-574-4935 (USA)



THANK YOU FOR YOUR INTEREST IN OUR PROGRAMME!

We hope you'll join us!

Don't hesitate to contact us with any questions.

We're happy to help you plan your exciting adventure!

www.travellersworldwide.com

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