

GHANA



HUMAN RIGHTS LAW WORK EXPERIENCE INTERNSHIPS IN ACCRA

Gain experience in the day-to-day running of a law practice specialising in Human Rights. This is a great opportunity to gain invaluable insight into human rights through interesting cases and by taking on a wide variety of tasks. The work will undoubtedly broaden your horizons and open you up to new points of view and passions.

You'll be given opportunities to have a case or two of your own where you will interview clients, write letters and notifications concerning the cases or have appointments, for example, at Court.

Thank you for your interest in volunteering on this Project. Below is a description of what you can do and expect. You can volunteer whether you're taking a gap year, on a career break, retired, or on a holiday with a purpose. No matter what your age or experience, we look forward to welcoming you to the team!

WHAT DO YOU GET?

SELF-DEVELOPMENT:

- New skills, more confidence, a greater understanding of a different culture, invaluable personal and professional development.
- An entry on your CV or résumé that will put you head and shoulders above most others in the job market.

SAFETY AND SECURITY

- Your safety is our top priority. We risk-assess all destination countries, projects, accommodation and more to ensure that they are stable and safe.
- We have experienced local staff with 24/7 back-up and support who are there to assist you and look after you, starting with an in-depth induction on your arrival.

AN ADVENTURE!

An exciting, never-to-be-forgotten adventure into Africa and the fascination Ghanaian culture, and best of all
... an unforgettable experience!

SUMMARY

Prices: From £1,695 excluding flights. See our Full Price List Online

Duration: From 4 weeks to 6 months, subject to visa requirements

Start Dates: Available all year round (except August and September), you choose your start date

Requirements: You should have completed your degree or be studying a degree on a subject related to Human Rights or Advocacy work. You should have good writing skills and general communication skills. You will need to submit a writing sample on any human rights related issue.

Minimum age 18.

What's Included:

- ► Arranging your Programme,
- ► Payment Protection insurance
- ▶24-hr emergency support.
- ► Meeting you at the nearest airport
- ► Certificate of Completion

- ► Full pre-departure support and assistance,
- ► Accommodation and Food
- ► Transfer to your accommodation
- ► Local in-country team support and backup
- ► Transport to and from your project

What Not Included: Flights, Insurance, Cost of Visas, Return transfer to airport.

PROJECT OVERVIEW

WORK CO NTENT

Ghanaian law follows Common Law, which is based on the British system. Each day is different with new and interesting cases coming through and thus neither we nor the Centre can say exactly what you will be doing daily. However expect to deal with different tasks from day to day.

There will be opportunities to get involved in current legal issues, both through dealing directly with clients and researching broader cases. You will be able to learn how to deal with clients and get an insight into everyday life in a legal office. The types of work you could be doing includes:



- Working on research projects or writing articles about current topics and human rights issues
- Writing content for the Centre's website
- Court trips
- Organising Seminars and Workshops
- Trips outside of Accra for fact-finding, seminars and workshops
- · Assisting staff members in their day to day activities
- If you have a case of your own you will be able to interview clients, write letters and notifications concerning the cases or have appointments, for example, at Court.

WORK HOURS

You will work from Monday to Friday from 8am to 4pm, which means you usually have the weekend to travel. However there are workshops on Saturdays from time to time and you may be expected to attend. Your working hours may vary as well depending on the day to day activities.

ABOUT THE CENTRE

All over the world today, many vulnerable people suffer human rights abuse each day because they lack the basic knowledge of their rights as individuals - this is where the Centre comes in. Established in 2008, the NGO is a non-profit organisation believe that securing basic human rights in Ghana requires an effective frontline organisation equipped with essential advocacy and research skills, and legal expertise in dealing with individuals whose activities result in human rights violations in the country.

Their mission is to ensure the realisation, respect, promotion and protection of the rights of all people living in Ghana in accordance with Ghanaian law and international standards. As well as increasing human rights awareness and the adoption of a sustainable human rights culture by public officers in Ghana.

The Centre started in the Greater Accra region of Ghana and now operates all across the country and has become a respected human rights organisation, both within Ghana and globally. Within the human rights field, the work of the Centre focuses primarily on three main areas; research, advocacy and the provision of free legal aid services.

The Objectives of the Centre are to:

- Conduct human rights advocacy and research
- Protect and promote women and children's rights
- Advocate good governance, accountability and transparency on key policies
- Promote and advocate reproductive health rights initiate and support public interest litigation
- Monitor and advocate democratic policing
- Conduct prison visits and advocate the rights of prisoners
- Monitor and evaluate compliance with international, regional and national human rights standards
- Educate and create awareness about human rights
- Offer human rights training for Ministries, Departments and Agencies (MDAs), Security Agencies and Civil Society Organizations.

Working in a structured Work Experience placement in the developing world, plus the experience you gain, will be an excellent entry on your CV or Résumé.

WHAT IS REQUIRED OF YOU ... AND GHANAIAN TIME!

Self-reliance, independence and initiative are highly appreciated and a sense of humour when the electricity fails, or buses don't turn up, will help you to make the most of this wonderful opportunity!

Like all our destination countries, the culture in Ghana is different to what you're used to. For example, the people are exceptionally friendly and helpful, with big smiles and a relaxed attitude. On the other hand, the living standard falls short of UK or Western standards. And **Ghanaian time** is when someone says, "See you at 10.a.m." - what he really means is, "I'll see you sometime tomorrow" ... And then he may not turn up at all. The pace of life is slower and more relaxed, but you'll quickly get involved in the daily life of the local people and pretty soon you'll feel completely at home - Ghana has that effect on you!

"First impressions of both Ghana and the law placement are very positive: lovely people, very friendly, and the work Lara and I will be doing looks really interesting - lots of Human Rights stuff."

Caroline Allen

ACCOMMODATION

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Your accommodation will vary depending on your work location, but will either be in a family run hostel or with a host family. This means that you get to eat, sleep, work, socialise and generally live like a Ghanaian. This enables you to fully experience the local culture from the inside.

Many of our volunteers remain friends with their host families long after they leave Ghana and in some cases they return to the country later especially to visit their family. Sometimes members of their Ghanaian family have even gone to visit them in their home country.

FOOD

Food is included in this placement and will be local cuisine - again this is to enable you to fully experience living as local Ghanaians do. When we arrange your placement, we will liaise extensively with you regarding both the placement and your accommodation. As always, our Local Manager will look after you well and will always be on hand to help and offer advice.

"The family for the past 6 weeks, the Opuku family, have been very warming to us staying there. They've cooked up some fabulous

meals and have been very helpful to us when we have needed some help finding our way around." Jonathan Childs

WHY TRAVELLERS WORLDWIDE?

- Over 20 years' experience of sending thousands of participants overseas, plus the largest variety of flexible projects that are value for money!
- Accredited projects helps appeal to future employers
- Excellent support!
- Your own dedicated Project Co-ordinator to answer all questions before, during and after your trip of a lifetime!
- Detailed information on your project and country and suggestions, safety guide, tips and checklists, via our EXTRANET, available from anywhere, 24/7.
- 24/7 emergency helpline for you and your family
- Free pick up from the nearest airport.

"Everything at this end has been brilliant. The organisation has been first class - from the arrangements to meet at the airport through to showing us a large number of sites around the city. We have been extremely well taken care of."

Tim Myles

HOW YOU MAKE A DIFFERENCE:

By joining a Travellers Program you enable us to keep donating money to worthwhile projects around the world; from clothing and feeding school children, building playgrounds or funding vital conservation research - your participation makes these donations possible. Donations to Bridge the Gap Foundation. This Foundation was set up by us to donate directly to particularly worthwhile and necessary projects for children and animals around the world, and partners with other NGO's to raise match-funding for worthy projects.

The price of this project is a reflection of the following costs:

- ✓ Accommodation and Food
- ✓ Meeting you at the airport
- ✓ Transport to and from your project
- ✓ Local in-country team support and backup
- √ 24hr emergency helpline
- ✓ Full pre-departure support

- Marketing (brochures, website design and maintenance, attending careers fairs, advertising, website listings and presentations)
- ✓ Project Research/Site Inspection
- ✓ Staff Training/Equipment
- ✓ UK administration
- ✓ Donations to worthwhile project

ADDITIONAL INFORMATION

Got any questions? Please email us: info@travellersworldwide.com

Once you have applied for a placement, we'll contact you and send you our Welcome Pack. You'll also receive Log-on details and password for our Volunteer Extranet where you'll have access to all the documentation and information which we've put together to facilitate preparations for your adventure!

Your Project Co-ordinator for your country will liaise with you throughout the arrangements process, as well as while you're on your placement and on your return home. The documents you'll have access to also include a Country Fact file, Safety Guide and any manuals that may assist you on your particular programme (for example, Teaching Guide, Sports Manuals, Enrichment Suggestions for Animal Care, etc.). We do all we can to make your stay one that you'll never forget. As with all our destinations, the culture and heritage is different to what you're used to ...



which, although one of the most exciting aspects of travelling, should be borne in mind. Self-reliance and independence are highly appreciated in all our destinations and will help you to make the most of this wonderful opportunity! This is a truly awesome, elegant and beautiful country.

THINGS TO DO IN GHANA

LOCATION, EXPLORING AND SIGHTSEEING:

Ghana is a wonderfully welcoming country and the people are overwhelmingly hospitable and friendly. They love their music, dancing and socialising, and this, together with lots of glorious open African country and sunshine, contribute to making your travel adventure to Ghana very special.

ABOUT ACCRA:

Accra, on the coast of the Gulf of Guinea, is both big-city hectic and African laid-back. There is something else this African city has that makes up for lack of planning and fancy buildings. It is a wonderful city to experience. It is full of character, has a warm feel, is extremely friendly and feels very safe. It also has some great beaches!



It is a city that is young, wild and full of soul and here you'll sample the true African spirit.

During the day, the streets are full of market stalls and vendors where you can browse and buy mouth-watering foods, colourful **Kente cloth**, beads, or baskets. Don't forget to practice your haggling.

During the night the city comes alive with the traditional Ghanaian 'spot' bars and the sound of live drumming music in the warm night air. Village-specific festivals and events occur throughout the year.

HOW TO BOOK

TWO EASY WAYS ...

Complete a booking form online.

Telephone 01903 502595 (UK) or 1-603-574-4935 (USA)



THANK YOU FOR YOUR INTEREST IN OUR PROGRAMME!

We hope you'll join us!

Don't hesitate to contact us with any questions.

We're happy to help you plan your exciting adventure!

www.travellersworldwide.com

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