



Travellers Worldwide is a leading International Provider of
Volunteering Programmes, Work Experience Internships
and Cultural Courses Abroad

SOUTH AFRICA



TEACH UNDERPRIVILEGED CHILDREN IN A SCHOOL IN CAPE TOWN

Assist in a school in Cape Town that has many children from previously disadvantaged backgrounds. The majority of the children come from townships in the surrounding area.

You'll work with children ranging from 5 to 13 years old. You can teach **English** and **language enrichment**, as well as coaching **Sports**, teaching **Music, Art, Computers**, or any other subject that you have particular knowledge in.

You may also be involved with **The SHINE Centre** – (Support and Help in Education), which also runs from the school. This is a volunteer programme with local and international volunteers who assist their learners with numeracy and literacy.

Thank you for your interest in volunteering on this Project. Below is a description of what you can do and expect. You can volunteer whether you're taking a gap year, on a career break, retired, or on a holiday with a purpose. No matter what your age or experience, we look forward to welcoming you to the team!

WHAT DO YOU GET?

SELF-DEVELOPMENT:

- New skills, more confidence, a greater understanding of a different culture, invaluable personal and professional development.
- The enormous satisfaction of helping disadvantaged children and knowing that you made a difference to them.
- An entry on your CV or résumé that will put you head and shoulders above most others in the job market.

SAFETY AND SECURITY

- Your safety is our top priority. We risk-assess all destination countries, projects, accommodation and more to ensure that they are stable and safe.
- We have experienced local staff with 24/7 back-up and support who are there to assist you and look after you, starting with an in-depth induction on your arrival.

AN ADVENTURE!

- An exciting, never-to-be-forgotten adventure into Africa and the many diverse cultures in South Africa! And best of all ... **an unforgettable experience!**

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SUMMARY

Prices: From £795 excluding flights.

Please see Full [Price List Online](#).

Duration: From 1 week to 12 weeks or longer, subject to visa requirements

Start Dates: All year round, subject to school holidays - you choose your start and finish dates.

Requirements: No qualifications or experience required, just lots of enthusiasm and a love of children...

What's Included:

- ▶ Arranging your Programme,
- ▶ Payment Protection insurance
- ▶ Certificate of Completion
- ▶ Meeting you at the nearest airport
- ▶ 24-hr emergency support.
- ▶ Food
- ▶ Full pre-departure support and assistance,
- ▶ Accommodation
- ▶ Transfer to your on-site accommodation
- ▶ Local in-country team support and backup
- ▶ Free T-Shirt

What Not Included: Flights, Insurance, Cost of Visas (if a visa is required), Local transport to and from your project, Return transfer to airport.

PROJECT OVERVIEW

Work in Cape Town in a junior school with approximately 600 children, with 20 teachers. The average class size is between 28 and 40 and sometimes classes will be split into smaller groups when you are assisting. You may be needed to take small groups of children or individuals out of the class and work with them privately, helping with reading lessons in the library.

Classes tend to last between 30 - 60 minutes. Standards are generally very high and the enthusiasm of the students and colleagues is infectious.

The school mainly caters for the poorer African children that come from the township areas of Cape Town. These are the neediest and make up 98% of the school's children. The school is multi-cultural and multi-racial and mainly has children at the school between 5 - 13 years of age. English is not the children's mother tongue, but their general standard of language is about Fair to Good. You can also coach sports as well as English teaching and language enrichment, music, art, computers or any other subject that you have particular knowledge in.

This Centre has been running for approximately 10 years and is fully sponsored. Volunteers interact with learners on a one-to-one basis according to the times and days that the volunteers are available. They interact with the same learner/s throughout the year.

SHINE is an excellent outreach programme and they always welcome new volunteers to give their assistance. You'll have the opportunity to get involved in this programme if you wish to, in addition to the main stream teaching assistance. The students have a never-ending enthusiasm and energy, which is amazing considering the hardships they may experience at home.

SCHOOL TERMS IN SOUTH AFRICA:

Dates for the **2015** school terms (semesters) are given below.

Term 1: 21 January – 1 April

Term 2: 13 April – 26 June

Term 3: 20 July – 2 October

Term 4: 12 October – 9 December

Dates for the **2016** school terms (semesters) are given below.

Term 1: 13 January – 18 March

Term 2: 5 April – 24 June

Term 3: 18 July – 30 September

Term 4: 10 October – 7 December

Please see a complete list of current public (bank) holidays for 2015 and 2016 at <http://www.publicholiday.co.za>



This project is not available during school holidays. Therefore, please compare the above school term dates to the dates of your placement. If a holiday falls during your placement, you should use this time to do any independent travelling and sightseeing. Generally the last week before terms end is given to exams and tests. This means that you will generally find your work load dropping during this week and you will usually find more free time than normal school time.

“It was amazing to see how the children really appreciated the one-on-one time you were able to give to them as a volunteer. Even though it may not have been anything substantial, you could see that the extra attention they may not be getting when just in a class really made them feel good about themselves.”

Siobhan Scarlett

“I loved the teachers and the children there, and felt very much at home. Teaching art in afternoons was excellent, I loved having the freedom and responsibility of looking after my own class and arranging the lessons myself, planning and providing lessons and materials that otherwise the children wouldn't have access to.”

Karen Mackay

ACCOMMODATION

Nestled under the mountain near the city, is the trendy and arty suburb of Observatory, the student Mecca of Cape Town. We have chosen this location as an accommodation base and make use of a backpacker's lodge, where you will be staying. Its distance from the projects, safety conscious attitude and very friendly staff make this the ideal home away from home.

South African backpackers are unique and majority are run as a 'home away from home' in large houses, with always lots of space to relax and watch TV, read a book, or just sit by the pool and soak in the sun.

In Observatory, we use The Green Elephant backpacker's lodge, which has been running since 1994 and is spaced across 3 beautiful houses. The main house consists of dormitory style rooms, free unlimited wireless internet, a festive bar, a braai (BBQ) area and a swimming pool. The other two houses have private rooms (single and double rooms).

The lodge is situated in the heart of Observatory and a short (5 minute) stroll away from a large supermarket, internet café, restaurants, coffee shops, pharmacy and laundromat. The lodge is also closely situated to the main road, where busses and taxis are available literally at your doorstep.

You'll be staying in a dorm-style room in the main house, which consist of 6 beds each. The mattresses are great and all linen and towels are provided, but it's a good idea to bring your own beach towel. There is a laundry self-service area available at the lodge for R15/load (about £1), but there are also laundromats a few minutes' walk away that will wash, dry and fold for you.

The lodge has a 24-hour reception desk, and they pride themselves with long-term staff of up to 20 years. This translates into a safe environment with experienced staff, who are able to offer the best local advice to guests for trips & tours, restaurants and basically any local information on the Cape Town area.

The Green Elephant is also committed to low impact and sustainable tourism to preserve our natural beauty for future generations. They recycle everything from water (in grey water systems) to bottles, paper and plastic, which we strongly support!

FOOD:

You'll be given a food budget which will cover your basic essentials (but not extras like drinks, snacks and eating out).



All the lodge houses have fully equipped self-catering kitchens, with all the necessities to cook a good meal. If you aren't feeling up to cooking on any particular day, the lodge also does meals that can be paid for on the day. For example, Thursday nights are pizza nights, and they also do BBQ's on regular occasions.

WHY TRAVELLERS WORLDWIDE?

- Over 20 years' experience of sending thousands of participants overseas, plus the largest variety of flexible projects that are value for money!
- Accredited projects helps appeal to future employers
- Excellent support! And 24/7 emergency helpline for you and your family
- Your own dedicated Project Co-ordinator to answer all questions before, during and after your trip of a lifetime!
- Detailed information on your project and country and suggestions, safety guide, tips and checklists, via our EXTRANET, available from anywhere, 24/7.
- Free pick up from the nearest airport.

HOW YOU MAKE A DIFFERENCE:

By joining a Travellers Program you enable us to keep donating money to worthwhile projects around the world; from clothing and feeding school children, building playgrounds or funding vital conservation research - your participation makes these donations possible.

Donations to **Bridge The Gap Foundation**. This Foundation was set up by us to donate directly to particularly worthwhile and necessary projects for children and animals around the world, and partners with other NGO's to raise match-funding for worthy projects.

The price of this project is a reflection of the following costs:

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| ✓ Accommodation and Food | ✓ Marketing (brochures, website design and maintenance, attending careers fairs, advertising, website listings and presentations) |
| ✓ Full pre-departure support | ✓ Project Research/Site Inspection |
| ✓ Meeting you at the airport | ✓ Staff Training/Equipment |
| ✓ Transport to the placement site | ✓ Donations to worthwhile project |
| ✓ Local in-country team support and backup | ✓ Free T-Shirt |
| ✓ 24hr emergency helpline | ✓ 24hr emergency helpline |
| ✓ UK administration | |

“Travellers is an amazing organization that offers life changing experiences to people of all ages, I will highly recommend it to everyone, and I will be planning another volunteer experience for myself as well as for my sons. Thank you so much for the experience of a life time!”

Deanne Peterson

ADDITIONAL INFORMATION

Got any questions? Please email us: info@travellersworldwide.com

Once you have applied for a placement, we'll contact you and send you our Welcome Pack. You'll also receive Log-on details and password for our Volunteer Extranet where you'll have access to all the documentation and information which we've put together to facilitate preparations for your adventure! Your Project Co-ordinator for your country will liaise with you throughout the arrangements process, as well as while you're on your placement and on your return home.

The documents you'll have access to also include a Country Fact file, Safety Guide and any manuals that may assist you on your particular programme (for example, Teaching Guide, Sports Manuals, Enrichment Suggestions for Animal Care, etc.). We do all we can to make your stay one that you'll never forget.

As with all our destinations, the culture and heritage is different to what you're used to ... which, although one of the most exciting aspects of travelling, should be borne in mind. Self-reliance and independence are highly appreciated in

all our destinations and will help you to make the most of this wonderful opportunity! This is a truly awesome, elegant and beautiful country.

THINGS TO DO IN SOUTH AFRICA

LOCATION, EXPLORING AND SIGHTSEEING:

The best advice you'll get from us is to try to see some of the country while you're in South Africa. It's big (huge!) and each different region is exciting and very, very beautiful. **Cape Town** is probably the most beautiful city in the world (I can say that, I grew up there :-). **KwaZulu-Natal** comes a very close second, albeit very different. **Knysna** is where South Africans go on holiday, which gives you some idea of how lovely the region is.

ACTIVITIES IN CAPE TOWN

Adrenaline Activities - Enjoy exciting and "real" adventures with an adrenaline twist!

- Abseiling
- Sandboarding
- Deep-sea Angling
- 'Kloofing' (insanely jumping off very high cliffs into pools of water!)
- Paragliding
- Helicopter flips
- Bungee jumping (just up the coast) ... and a LOT, LOT more!!!!
- ❖ **Township Tours** - A visit to one of the many townships surrounding the city is an experience that will open your eyes to the way in which the biggest portion of Cape Town's population are living. Take a township tour of Langa, the oldest township in South Africa or Khayelitsha, the second largest township in South Africa. Township tours will usually be co-led by a resident in the area, showcase local industry and community projects and include a visit to a township bar or 'shebeen'.
- ❖ **Two Oceans Aquarium** - Located in the V&A Waterfront, the Two Oceans Aquarium has lots of display tanks, interactive experiences, a touch pool and the highly popular predators' tank.
- ❖ **Cape Winelands** - Wine lover or not, a visit to the Cape Winelands is an absolute must as the region is one of breathtaking beauty and majestic mountain backdrops.



HOW TO BOOK

TWO EASY WAYS ...

Complete a [booking form](#) online.

Telephone
01903 502595 (UK)
or
1-603-574-4935 (USA)



THANK YOU FOR YOUR INTEREST IN OUR PROGRAMME!

We hope you'll join us!

Don't hesitate to contact us with any questions.

We're happy to help you plan your exciting adventure!

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