



Travellers Worldwide is a leading International Provider of
Volunteering Programmes, Work Experience Internships
and Cultural Courses Abroad

SOUTH AFRICA



VETERINARY MEDICINE WORK EXPERIENCE INTERNSHIP IN CAPE TOWN

Cape Town is modern and energetic, the perfect place to gain experience in a delightful small veterinary practice under the supervision of an excellent vet who will endeavour to give you as much knowledge and experience as possible.

The practice deals mainly with domestic animals, but you may also get an occasional opportunity to help out at the Blue Cross Animal/Veterinary Hospital, which is much bigger. (The Blue Cross is a privately-owned veterinary practice that deals with a wide range of veterinary procedures and if you spend time here, you should get exposure to larger animals such as cattle and horses.)

Thank you for your interest in volunteering on this Project. Below is a description of what you can do and expect. You can volunteer whether you're taking a gap year, on a career break, retired, or on a holiday with a purpose. No matter what your age or experience, we look forward to welcoming you to the team!

WHAT DO YOU GET?

SELF-DEVELOPMENT:

- New skills, more confidence, a greater understanding of a different culture, invaluable personal and professional development.
- The enormous satisfaction of gaining a great professional development
- An entry on your CV or résumé that will put you head and shoulders above most others in the job market.

SAFETY AND SECURITY

- Your safety is our top priority. We risk-assess all destination countries, projects, accommodation and more to ensure that they are stable and safe.
- We have experienced local staff with 24/7 back-up and support who are there to assist you and look after you, starting with an in-depth induction on your arrival.

AN ADVENTURE!

- An exciting, never-to-be-forgotten adventure into Africa and the many diverse cultures in South Africa! And best of all ... **an unforgettable experience!**

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Prices: From **£1,995** excluding flights.

Please see [Full Price List Online](#).

Duration: From 4 weeks to 12 weeks or longer, subject to visa requirements

Start Dates: All year round - you choose your start and finish dates.

Requirements: No qualifications necessary, but if you are studying or qualified, you'll be able to do more involved and specialised work. Minimum age 17. .

What's Included:

- ▶ Arranging your Programme,
- ▶ Payment Protection insurance
- ▶ Certificate of Completion
- ▶ Meeting you at the nearest airport
- ▶ 24-hr emergency support.
- ▶ Full pre-departure support and assistance,
- ▶ Accommodation
- ▶ Transfer to your on-site accommodation
- ▶ Local in-country team support and backup
- ▶ Food

What Not Included: Flights, Insurance, Cost of Visas (if a visa is required), Local transport to and from your project, Return transfer to airport.

SUMMARY

PROJECT OVERVIEW

WORK CONTENT:

You'll work in a general vet practice in Cape Town - small, but very friendly. It is typical of a veterinary clinic in South Africa and in this particular clinic, the lady vet who'll supervise you goes to extraordinary lengths to ensure that you gain as much knowledge and practice as possible.

The practice deals mainly with domestic animals, but you may also get an occasional opportunity to help out at the Blue Cross Animal/Veterinary Hospital, which is much bigger. (The Blue Cross is a privately-owned veterinary practice that deals with a wide range of veterinary procedures and if you spend time here, you should get exposure to larger animals such as cattle and horses.)

As this is a small practice, your work responsibilities will differ according to what is required at the time you're there.

The practice opens at 8.30 but you will be expected to come in around 9:00 am. The practice has surgery in the mornings between 09.00 and 12.00 and in the afternoons between 15.30 and 18.30. Lunchtime is usually between 12.20 and 15.00 depending on how busy they are. You will be free to leave the surgery during this time.

You will have opportunities to shadow the Vet with plenty of scope for observation and some hands-on work. Depending on your experience and confidence, you may be able to participate in basic and simple procedures under supervision, such as making blood smears, analysing urine samples, learning to prep surgical sites, etc. This will also depend on whether the Vet feels you have the capabilities to take part in these activities.

At times you may find the work to be slow as it only becomes busy when animals are brought in. During these periods, there will be a variety of different jobs that you'll need to assist with and some of these will not be directly related to working with the animals, such as attending to the upkeep and cleaning of the premises, or helping out with Reception.

In other words, you should be prepared to do anything and everything that needs to be done during the time you're there.

Cape Town is a lovely city with friendly people, and I've no doubt you will make friends very quickly. The practice itself is close to the centre of town, very conveniently located close to Avenue, the Cape Town Museum, as well as shops, restaurants and the renowned Botanical Gardens – a lovely place to meander during lunchtimes.



“I've been very busy, LOVING working with Dr. Wahl at the vet clinic. I couldn't be happier and love both her and her staff. I've seen a variety of procedures so far and am already perfecting my stitching technique. Cathy has been arranging for me to travel around to a few other vet clinics too, which has been great. I've met loads of people here and am having a fabulous time!”

Adam Edwards

ACCOMMODATION

ACCOMMODATION:

A ten minute walk from the centre of the bustling Cape Town CBD is the quieter, more chilled out area of Green Point. Here we use St Johns Waterfront Lodge, one of the better known backpackers' lodges for your accommodation. It is not only close to the city, but also to the famous V&A Waterfront (5 min walk) and literally a hop, skip and jump away from the ocean. Among a host of other activities, from here you can visit the world-famous Robben Island by boat, where Nelson Mandela was held prisoner for 27 years!

Apart from other Travellers volunteers, this hostel mainly attracts international travellers to Cape Town. It is uniquely built on two plots so literally has two of everything, including two pools! They are very friendly and will always help you where needed. They can answer any questions or can even help when you need some TLC because you feel a bit homesick!

The Main Lodge is the centre of all the lodges and is a meeting point for everyone. You can discuss your day in the living room, have a nice chat out on the terrace, go for a swim, watch a movie, etc. Included in the placement cost is a bed in one of the large 8-bed dormitories, so you will be sharing. However, there is an option of choosing a single or double room if you are happy to pay the difference, but we do find that volunteers staying in the larger dormitories tend to make friends easier and be a bit more social.

This lodge has a living room, lots of bathrooms and a two well-equipped kitchens. It also has a lovely big (recently renovated) living area with satellite TV, a cosy bar and very comfy couches.

In the main outdoor area, there are two pools, the braai (South African for BBQ) area and lots of tables and benches in the beautiful garden. There is a payphone inside the main lounge and a FREE internet service. St John's has also recently fitted a CCTV security system, so you can live with peace of mind, knowing that you are safe and sound.

FOOD:

You will be given a food allowance to buy your own food from the big supermarket up the road. The lodge is equipped with a kitchen with a fridge, stove, oven and microwave, and all the necessities to cook a good meal



WHY TRAVELLERS WORLDWIDE?

- Over 20 years' experience of sending thousands of participants overseas, plus the largest variety of flexible projects that are value for money!
- Accredited projects helps appeal to future employers
- Excellent support! And 24/7 emergency helpline for you and your family
- Your own dedicated Project Co-ordinator to answer all questions before, during and after your trip of a lifetime!
- Detailed information on your project and country and suggestions, safety guide, tips and checklists, via our EXTRANET, available from anywhere, 24/7.
- Free pick up from the nearest airport.

HOW YOU MAKE A DIFFERENCE:

By joining a Travellers Program you enable us to keep donating money to worthwhile projects around the world; from clothing and feeding school children, building playgrounds or funding vital conservation research - your participation makes these donations possible.

Donations to **Bridge The Gap Foundation**. This Foundation was set up by us to donate directly to particularly worthwhile and necessary projects for children and animals around the world, and partners with other NGO's to raise match-funding for worthy projects.

The price of this project is a reflection of the following costs:

- ✓ Accommodation and Food
- ✓ Full pre-departure support
- ✓ Meeting you at the airport
- ✓ Transport to the placement site
- ✓ Local in-country team support and backup
- ✓ 24hr emergency helpline
- ✓ UK administration
- ✓ Marketing (brochures, website design and maintenance, attending careers fairs, advertising, website listings and presentations)
- ✓ Project Research/Site Inspection
- ✓ Staff Training/Equipment
- ✓ Donations to worthwhile project

"Travellers is an amazing organization that offers life changing experiences to people of all ages, I will highly recommend it to everyone, and I will be planning another volunteer experience for myself as well as for my sons. Thank you so much for the experience of a life time!"

Deanne Peterson

ADDITIONAL INFORMATION

Got any questions? Please email us: info@travellersworldwide.com

Once you have applied for a placement, we'll contact you and send you our Welcome Pack. You'll also receive Log-on details and password for our Volunteer Extranet where you'll have access to all the documentation and information which we've put together to facilitate preparations for your adventure! Your Project Co-ordinator for your country will liaise with you throughout the arrangements process, as well as while you're on your placement and on your return home.

The documents you'll have access to also include a Country Fact file, Safety Guide and any manuals that may assist you on your particular programme (for example, Teaching Guide, Sports Manuals, Enrichment Suggestions for Animal Care, etc.). We do all we can to make your stay one that you'll never forget. As with all our destinations, the culture and heritage is different to what you're used to ... which, although one of the most exciting aspects of travelling, should be borne in mind. Self-reliance and independence are highly appreciated in all our destinations and will help you to make the most of this wonderful opportunity! This is a truly awesome, elegant and beautiful country.

On Arrival, your Introduction to the Country:

When you arrive you will be welcomed by a member of our South African staff who will take you to your accommodation and introduce you to everyone. During your first few days you'll be given an induction so that you can learn about the country and its culture, as well as other useful information, like how to use the transport system, banks, safety issues, tipping, and lots more.

You will have weekends free and this will also allow some time for travelling and sight-seeing.



THINGS TO DO IN SOUTH AFRICA

LOCATION, EXPLORING AND SIGHTSEEING:

The best advice you'll get from us is to try to see some of the country while you're in South Africa. It's big (huge!) and each different region is exciting and very, very beautiful. **Cape Town** is probably the most beautiful city in the world (I can say that, I grew up there :-)) **KwaZulu-Natal** comes a very close second, albeit very different. **Knysna** is where South Africans go on holiday, which gives you some idea of how lovely the region is.

ACTIVITIES IN CAPE TOWN

Adrenaline Activities - Enjoy exciting and "real" adventures with an adrenaline twist!

- Abseiling
- Sandboarding
- Deep-sea Angling
- 'Kloofing' (insanely jumping off very high cliffs into pools of water!)
- Paragliding
- Helicopter flips
- Bungee jumping (just up the coast)and a LOT, LOT more!!!!
- ❖ **Township Tours** - A visit to one of the many townships surrounding the city is an experience that will open your eyes to the way in which the biggest portion of Cape Town's population are living. Take a township tour of Langa, the oldest township in South Africa or Khayelitsha, the second largest township in South Africa. Township tours will usually be co-led by a resident in the area, showcase local industry and community projects and include a visit to a township bar or 'shebeen'.
- ❖ **Two Oceans Aquarium** - Located in the V&A Waterfront, the Two Oceans Aquarium has lots of display tanks, interactive experiences, a touch pool and the highly popular predators' tank.
- ❖ **Cape Winelands** - Wine lover or not, a visit to the Cape Winelands is an absolute must as the region is one of breathtaking beauty and majestic mountain backdrops.
- ❖ **Relaxing drives:** Drives are a very popular leisure activity in South Africa, because the roads are generally wide, in good condition, relatively empty and a pleasure to drive on. People often go for drives on a Sunday afternoon to a favourite hotel or restaurant for afternoon tea and scones, or to the top of a pass just to look at the view, or to a national park to watch the baboons - there's always a good reason to go for a drive!



HOW TO BOOK

TWO EASY WAYS ...

Complete a [booking form](#) online.

Telephone
01903 502595 (UK)
or
1-603-574-4935 (USA)



THANK YOU FOR YOUR INTEREST IN OUR PROGRAMME!

We hope you'll join us!

Don't hesitate to contact us with any questions.

We're happy to help you plan your exciting adventure!

www.travellersworldwide.com

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