



Travellers Worldwide is a leading International Provider of
Volunteering Programmes, Work Experience Internships
and Cultural Courses Abroad

SOUTH AFRICA



JOURNALISM WORK EXPERIENCE INTERNSHIP IN CAPE TOWN

Observe experts in Journalism and learn how they work in South Africa. Gain valuable work experience on a large daily newspaper located in the heart of bustling Cape Town. Here you'll have the opportunity to observe, learn and gain excellent hands-on and practical experience.

The newspaper has a small, compact News Room (10 full time news reporters) with a friendly, comradely atmosphere. An excellent entry on your CV or Résumé and an excellent experience for your future career.

Thank you for your interest in this Project. Below is a description of what you can do and expect. You can volunteer whether you're taking a gap year, on a career break, retired, or on a holiday with a purpose. No matter what your age or experience, we look forward to welcoming you to the team!

WHAT DO YOU GET?

SELF-DEVELOPMENT:

- New skills, more confidence, a greater understanding of a different culture, invaluable personal and professional development.
- The enormous satisfaction of gaining a great professional development
- An entry on your CV or résumé that will put you head and shoulders above most others in the job market.

SAFETY AND SECURITY

- Your safety is our top priority. We risk-assess all destination countries, projects, accommodation and more to ensure that they are stable and safe.
- We have experienced local staff with 24/7 back-up and support who are there to assist you and look after you, starting with an in-depth induction on your arrival.

AN ADVENTURE!

- An exciting, never-to-be-forgotten adventure into Africa and the many diverse cultures in South Africa! And best of all ... **an unforgettable experience!**

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TravelQuest Ltd t/a Travellers, registered in England & Wales, Registered Office: 7 Mulberry Close, Ferring, West Sussex, BN12 5HY, Reg. No. 3072191, VAT Registration: 786540201

Prices: From **£1,995** excluding flights.

Please see [Full Price List Online](#).

Duration: From 4 weeks to 12 weeks or longer, subject to visa requirements

Start Dates: All year round, subject to school holidays - you choose your start and finish dates.

Requirements: You should preferably have a Journalism degree, but if you're in your last year of study or you have some journalism experience, we'll submit your application and you may be accepted. An international driver's licence would be useful.

What's Included:

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| ▶ Arranging your Programme, | ▶ Full pre-departure support and assistance, |
| ▶ Payment Protection insurance | ▶ Accommodation |
| ▶ Certificate of Completion | ▶ Transfer to your on-site accommodation |
| ▶ Meeting you at the nearest airport | ▶ Local in-country team support and backup |
| ▶ 24-hr emergency support. | ▶ Food |

What Not Included: Flights, Insurance, Cost of Visas (if a visa is required), Local transport to and from your project, Return transfer to airport.

SUMMARY

PROJECT OVERVIEW

WORK CONTENT:

The newspaper has a small, compact News Room (10 full time news reporters) with a friendly, comradely atmosphere. The more seasoned journalists and photographers are always willing to share contacts and background information with visiting students, interns and journalists. At various times of the year, they host visiting journalists from Germany and the Netherlands, journalism masters' students from the University of Southern California, graduate students from North Western University (Medill) and undergraduates from Emory University in Atlanta, Georgia.



The first edition goes off screen at about 9pm, and the second edition off screen at midnight (or later if a big story is breaking.) The night shift reporter(s) work from 3.30pm through until the paper goes to bed.

You'll usually work the hours to suit you within the placement, but your typical working day could look like this:

- 09:00 – 10:00 - Morning coffee, read morning newspapers and wires and set up interviews
- 10:00 – 11:00 - Attend the news room planning conference where you have to sell your own story ideas to the news editor and all other ideas will be discussed.
- 11.00 – 18:00 - Early page deadlines from 3:30pm. Then you'll spend the rest of the day working on your stories for the next day.
- You may have to work till about 18:30 or later if an exceptional case/story occurs.

There could be variations of this schedule as the Times may want you to start earlier to finish later. As an approximate outline you will generally be working Sunday to Thursday so your weekend will be Friday and Saturday.

An international driver's license would be a big advantage as The Times has pool cars that are used by interns to go out on assignments and to get stories. They will not have people to drive you around. If you go on the placement without a license it will mean that most of your work will be deskbound, unless you go out with someone else on a story. Taxis may be used but this will be at your own expense, as public transport in Cape Town and South Africa generally does not cover all areas.

“The staff were very friendly and it was a really pleasant environment to work in. I am continuing to write for them here in England, and they are continuing to publish my work in South Africa. The placement has given me experience that would have been very difficult to arrange with a similar-sized publication here in the UK ... it has given me a foot in the door of an industry that would have been relatively inaccessible to me previously.”

Adam Edwards

“I feel I gained experience in writing different genres and writing about different issues and cultures. It's been great having my ideas listened to and getting to write a full page article on the suggestion that I had made to the editor.”

Jennie Hopkinson

ACCOMMODATION

A ten minute walk from the centre of the bustling Cape Town CBD is the quieter, more chilled out area of Green Point. Here we use St Johns Waterfront Lodge, one of the better known backpackers' lodges for your accommodation. It is not only close to the city, but also to the famous V&A Waterfront (5 min walk) and literally a hop, skip and jump away from the ocean.

Among a host of other activities, from here you can visit the world-famous Robben Island by boat, where Nelson Mandela was held prisoner for 27 years!

Apart from other Travellers volunteers, this hostel mainly attracts international travellers to Cape Town. It is uniquely built on two plots so literally has two of everything, including two pools! They are very friendly and will always help you where needed. They can answer any questions or can even help when you need some TLC because you feel a bit homesick!



The Main Lodge is the centre of all the lodges and is a meeting point for everyone. You can discuss your day in the living room, have a nice chat out on the terrace, go for a swim, watch a movie, etc. Included in the placement cost is a bed in one of the large 8-bed dormitories, so you will be sharing. However, there is an option of choosing a single or double room if you are happy to pay the difference, but we do find that volunteers staying in the larger dormitories tend to make friends easier and be a bit more social.

This lodge has a living room, lots of bathrooms and a two well-equipped kitchens. It also has a lovely big (recently renovated) living area with satellite TV, a cosy bar and very comfy couches.

In the main outdoor area, there are two pools, the braai (South African for BBQ) area and lots of tables and benches in the beautiful garden. There is a payphone inside the main lounge and a FREE internet service. St John's has also recently fitted a CCTV security system, so you can live with peace of mind, knowing that you are safe and sound.

FOOD:

You will be given a food allowance to buy your own food from the big supermarket up the road. The lodge is equipped with a kitchen with a fridge, stove, oven and microwave, and all the necessities to cook a good meal



WHY TRAVELLERS WORLDWIDE?

- Over 20 years' experience of sending thousands of participants overseas, plus the largest variety of flexible projects that are value for money!
- Accredited projects helps appeal to future employers
- Excellent support! And 24/7 emergency helpline for you and your family
- Your own dedicated Project Co-ordinator to answer all questions before, during and after your trip of a lifetime!
- Detailed information on your project and country and suggestions, safety guide, tips and checklists, via our EXTRANET, available from anywhere, 24/7.
- Free pick up from the nearest airport.

HOW YOU MAKE A DIFFERENCE:

By joining a Travellers Program you enable us to keep donating money to worthwhile projects around the world; from clothing and feeding school children, building playgrounds or funding vital conservation research - your participation makes these donations possible.

Donations to **Bridge The Gap Foundation**. This Foundation was set up by us to donate directly to particularly worthwhile and necessary projects for children and animals around the world, and partners with other NGO's to raise match-funding for worthy projects.

The price of this project is a reflection of the following costs:

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| ✓ Accommodation and Food | ✓ Marketing (brochures, website design and maintenance, attending careers fairs, advertising, website listings and presentations) |
| ✓ Full pre-departure support | ✓ Project Research/Site Inspection |
| ✓ Meeting you at the airport | ✓ Staff Training/Equipment |
| ✓ Transport to the placement site | ✓ Donations to worthwhile project |
| ✓ Local in-country team support and backup | ✓ 24hr emergency helpline |
| ✓ 24hr emergency helpline | |
| ✓ UK administration | |

“Travellers is an amazing organization that offers life changing experiences to people of all ages, I will highly recommend it to everyone, and I will be planning another volunteer experience for myself as well as for my sons. Thank you so much for the experience of a life time!”

Deanne Peterson

ADDITIONAL INFORMATION

Got any questions? Please email us: info@travellersworldwide.com

Once you have applied for a placement, we'll contact you and send you our Welcome Pack. You'll also receive Log-on details and password for our Volunteer Extranet where you'll have access to all the documentation and information which we've put together to facilitate preparations for your adventure! Your Project Co-ordinator for your country will liaise with you throughout the arrangements process, as well as while you're on your placement and on your return home.

The documents you'll have access to also include a Country Fact file, Safety Guide and any manuals that may assist you on your particular programme (for example, Teaching Guide, Sports Manuals, Enrichment Suggestions for Animal Care, etc.). We do all we can to make your stay one that you'll never forget. As with all our destinations, the culture and heritage is different to what you're used to ... which, although one of the most exciting aspects of travelling, should be borne in mind. Self-reliance and independence are highly appreciated in all our destinations and will help you to make the most of this wonderful opportunity! This is a truly awesome, elegant and beautiful country.

THINGS TO DO IN SOUTH AFRICA

LOCATION, EXPLORING AND SIGHTSEEING:

The best advice you'll get from us is to try to see some of the country while you're in South Africa. It's big (huge!) and each different region is exciting and very, very beautiful. **Cape Town** is probably the most beautiful city in the world (I can say that, I grew up there :-)) **KwaZulu-Natal** comes a very close second, albeit very different. **Knysna** is where South Africans go on holiday, which gives you some idea of how lovely the region is.

ACTIVITIES IN CAPE TOWN

Adrenaline Activities - Enjoy exciting and "real" adventures with an adrenaline twist!

- Abseiling
 - Sandboarding
 - Deep-sea Angling
 - 'Kloofing' (insanely jumping off very high cliffs into pools of water!)
 - Paragliding
 - Helicopter flips
 - Bungee jumping (just up the coast)
 -and a LOT, LOT more!!!!
- ❖ **Township Tours** - A visit to one of the many townships surrounding the city is an experience that will open your eyes to the way in which the biggest portion of Cape Town's population are living. Take a township tour of Langa, the oldest township in South Africa or Khayelitsha, the second largest township in South Africa. Township tours will usually be co-led by a resident in the area, showcase local industry and community projects and include a visit to a township bar or 'shebeen'.
 - ❖ **Two Oceans Aquarium** - Located in the V&A Waterfront, the Two Oceans Aquarium has lots of display tanks, interactive experiences, a touch pool and the highly popular predators' tank.
 - ❖ **Cape Winelands** - Wine lover or not, a visit to the Cape Winelands is an absolute must as the region is one of breathtaking beauty and majestic mountain backdrops.
 - ❖ **Relaxing drives:** Drives are a very popular leisure activity in South Africa, because the roads are generally wide, in good condition, relatively empty and a pleasure to drive on. People often go for drives on a Sunday afternoon to a favourite hotel or restaurant for afternoon tea and scones, or to the top of a pass just to look at the view, or to a national park to watch the baboons - there's always a good reason to go for a drive!



HOW TO BOOK

TWO EASY WAYS ...

Complete a [booking form](#) online.

Telephone
01903 502595 (UK)
or
1-603-574-4935 (USA)



THANK YOU FOR YOUR INTEREST IN OUR PROGRAMME!

We hope you'll join us!

Don't hesitate to contact us with any questions.

We're happy to help you plan your exciting adventure!

www.travellersworldwide.com

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