

Travellers Worldwide is a leading International Provider of Volunteering Programmes, Work Experience Internships and Cultural Courses Abroad

# **SRI LANKA**

WHAT DO YOU GET?



### **TURTLE CONSERVATION IN AMBALANGODA**

This Project works towards preventing the extinction of sea turtles, a critically endangered species. You will help in the rehabilitation and release back into the sea of turtles that are usually victims of commercial fishing.

Apart from treating injured and sick sea turtles, you will also be involved in protecting nests and rescuing eggs so that they can be hatched without incident in the safety of our hatchery.

Daily tasks involve cleaning the turtle tanks, feeding and cleaning the turtles, cleaning the beach and general area and identifying different kinds of turtles.

Thank you for your interest in volunteering on this Project. Below is a description of what you can do and expect. You can volunteer whether you're taking a gap year, on a career break, retired, or on a holiday with a purpose. No matter what your age or experience, we look forward to welcoming you to the team!

## **SELF-DEVELOPMENT:**

- New skills, more confidence, a greater understanding of a different culture, invaluable personal and professional development.
- Inside professional work experience and a chance to understand how law and business work in Sri Lanka.
- An entry on your CV or résumé that will put you head and shoulders above most others in the job market.

### SAFETY AND SECURITY

- Your safety is our top priority. We risk-assess all destination countries, projects, accommodation and more to ensure that they are stable and safe.
- We have experienced local staff with 24/7 back-up and support who are there to assist you and look after you, starting with an in-depth induction on your arrival.

## **AN ADVENTURE!**

• An exciting, never-to-be-forgotten adventure into Asia and the fascinating culture of Sri Lanka! And best of all ... an unforgettable experience.

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**SUMMARY** 

Prices: From £895, excluding flights. Please see Full Price List Online.

Duration: From 1 week up to 12 weeks, subject to visa restrictions.

Start Dates: All year round - you choose your start and finish dates. Projects start every Sunday.

Requirements: No qualifications needed, just lots of enthusiasm. Minimum age 18.

#### What's Included:

- Arranging your Programme,
- Payment Protection insurance
- Certificate of Completion
- Meeting you at Colombo airport
- ► 24-hr emergency support.
- Transport to and from your project
- ► Full pre-departure support and assistance,
- Accommodation
- ► Transfer to your on-site accommodation
- Local in-country team support and backup
- ► Food
- ► Free T-Shirt

What Not Included: Flights, Insurance, Cost of Visas (if a visa is required), Return transfer to airport.

# **PROJECT OVERVIEW**

#### WORK CONTENT:

In the battle to prevent the extinction of these beautiful creatures, which are now classed as a critically endangered species, we have many diverse challenges that we seek to address. Many turtles fall victim to the practices of commercial fishing and are in need of veterinary care. Protecting nests and rescuing eggs to bring to the safety of our hatchery, are daily activities where our volunteers make a substantial difference. This work is based at our centre on the beach near Ambalangoda, in the southern part of the island, in an area where most tourists are denied access.

Your work here will be exceptionally varied, but also immensely interesting and rewarding, especially when you witness the release of a turtle back to the sea, often after many months of care.



However, before we reach that stage there is much work to be done, work that is often far from glamorous, but it does have its plus side, in that you are doing it in what must be one of the most beautiful spots in Sri Lanka, if not the world.

In addition to those mentioned already, day-to-day activities include:

- Cleaning the beach and general area
- Cleaning the turtle tanks
- Cleaning the turtles' shells
- Feeding
- And for the artistically inclined there may well be various painting projects
- We often run 'Awareness Camps' for groups of tourists who make a special trip to this area to see our work. While you are with us, you'll gain the expertise to enable you to assist in some of the instruction.
- We also work closely with many local and international conservation partners and regularly collect data to ensure our efforts are having the results we desire, and you will also be part of this data collection process.

If you volunteer for longer than one month, you'll also learn about the tree plantation, another area where your work can have a big long term impact.

### **EXAMPLE SCHEDULE**

The schedule is subject to change according to the needs of the turtles, weather conditions, holidays, t he time of year, etc. Basically, you'll work with the Coordinator at the project where you can learn about, and take part in, the following:

- The collection of eggs
- Identifying different kinds of turtles
- Hatching of the eggs
- Treatment for injured and sick turtles
- Feeding the turtles
- Cleaning of the turtle tanks
- Cleaning the turtles
- Releasing turtles into the sea
- Explaining about the turtles to visitors
- You'll also get the chance to learn about sea plants.



### "Thank you for the experience you gave me, it was stunning and a memory that always always always brings me warmth" Tim Hancock

"Just wanted to drop you a line as my project in Sri Lanka comes to an end to tell you that I have had the best time of my life. The project has been amazing, both the teaching and the elephant orphanage. It has been a truly amazing experience."

# ACCOMMODATION

### **ACCOMMODATION:**

All accommodation is included during your stay on our program within the schedules/ itineraries provided.

Living is comfortable and all volunteer houses and home stays have electricity and running water.

#### FOOD:

Meals will be provided three times a day during the week and twice during the weekend (breakfast and lunch combine to become brunch during the weekend). Breakfast is selfservice with toast, fruits, tea and coffee.

Sri Lankan foods include roti bread, dal (Lentil Soup) and curries, vegetables, salads, milk and yogurt. Meat is rarely eaten, except on festive days.

Weekends are free to relax, and to explore the local area.



# WHY TRAVELLERS WORLDWIDE?

- Over 20 years' experience of sending thousands of participants overseas, plus the largest variety of flexible projects that are value for money!
- Accredited projects helps appeal to future employers
- Excellent support! And 24/7 emergency helpline for you and your family
- Your own dedicated Project Co-ordinator to answer all questions before, during and after your trip of a lifetime!
- Detailed information on your project and country and suggestions, safety guide, tips and checklists, via our EXTRANET, available from anywhere, 24/7.
- Free pick up from the nearest airport.

# **HOW YOU MAKE A DIFFERENCE:**

By joining a Travellers Program you enable us to keep donating money to worthwhile projects around the world; from clothing and feeding school children, building playgrounds or funding vital conservation research - your participation makes these donations possible.

Donations to Bridge The Gap Foundation. This Foundation was set up by us to donate directly to particularly worthwhile and necessary projects for children and animals around the world, and partners with other NGO's to raise match-funding for worthy projects.

The price of this project is a reflection of the following costs:

- ✓ Accommodation and Food
- ✓ Full pre-departure support
- ✓ Meeting you at the airport
- ✓ Transport to the placement site
- ✓ Local in-country team support and backup
- ✓ 24hr emergency helpline

- ✓ UK administration
- Marketing (brochures, website design and maintenance, attending careers fairs, advertising, website listings and presentations)
- ✓ Project Research/Site Inspection
- ✓ Staff Training/Equipment
- ✓ Donations to worthwhile project

"I just wanted to let you know, that I had the time of my life in Sri Lanka. It was FANTASTIC, I wish the entire experience had never had to end. I would just like to say thank you to your team of organisers for organising the spectacular trip."

Rajni Kanda

# **ADDITIONAL INFORMATION**

#### Got any questions? Please email us: info@travellersworldwide.com

Once you have applied for a placement, we'll contact you and send you our Welcome Pack. You'll also receive Log-on details and password for our Volunteer Extranet where you'll have access to all the documentation and information which we've put together to facilitate preparations for your adventure! Your Project Co-ordinator for your country will liaise with you throughout the arrangements process, as well as while you're on your placement and on your return home.

The documents you'll have access to also include a Country Fact file, Safety Guide and any manuals that may assist you on your particular programme (for example, Teaching Guide, Sports Manuals, Enrichment Suggestions for Animal Care, etc.). We do all we can to make your stay one that you'll never forget. As with all our destinations, the culture

and heritage is different to what you're used to ... which, although one of the most exciting aspects of travelling, should be borne in mind.

Self-reliance and independence are highly appreciated in all our destinations and will help you to make the most of this wonderful opportunity! This is a truly awesome, elegant and beautiful country.

#### On Arrival, your Introduction to the Country:

When you arrive you will be welcomed by a member of staff who will take you to your accommodation and introduce you to everyone. During your first few days you'll be given an induction so that you can learn about the country and its culture, as well as other useful information, like how to use the transport system, banks, safety issues, tipping, and lots more. You will have weekends free and this will also allow some time for travelling and sightseeing.

# THINGS TO DO IN SRI LANKA

# LOCATION, EXPLORING AND SIGHTSEEING:

#### We cannot BEGIN to tell you how beautiful this paradise island is! Nor how cheap to live and get around. It is almost too good to be true! But it is true.

Towering Pagodas, Hindu temples and ancient fortresses to holy rivers and sacred mountains. The local people are very welcoming and friendly, especially in the rural areas. The tea plantations are a must, the lace making, monuments and architectural splendours, etc...

But the most appealing is the Elephant Orphanage at Pinnawala. Not to be missed! It's an emotive sight that you'll never forget!

### SRI LANKA'S FANTASTIC BEACHES!

Sri Lanka has miles and miles of amazing beaches. Some of our favourites are:

**MIRISSA**: Perhaps a contender for the most beautiful beach in the world. Long, deserted and hot. You know you have got away from it all as you sit and watch the sunset over this horizon...The snorkelling is also incredible here.

**NEGOMBO**: To the north of Colombo lies Negombo, a busting fishing town with golden beaches and a pallet of colour provided by sails and boats against the deep blue of the ocean.

**UNAWATUNA:** A sleepy peaceful cove with deep still water and a temple overlooking the bay from the protecting cliffs.

**HIKKADUWA**: A long stretch of beach with plenty of hostels, restaurants and some nice bars, not forgetting the impromptu beach parties held on the beach front bars blaring Bob Marley, Eric Clapton, Led Zeplin and many other classics! Sri Lanka is a conservative island brimming with culture and Hikkaduwa offers an exciting opportunity to holiday for the odd celebratory weekend! Many a volunteer birthday has been seen in over Hikkaduwa cocktails. You can also body board and even surf on this beach.

**ARUGAM BAY**: This tiny fishing village is Sri Lanka's newest hot spot and hosts the best surfing and an easy going happy party atmosphere. With its wide sweeping beach in front of the village and year round gorgeous swimming it is no surprise that this bay has developed into a low budget travellers haunt.

#### **ADRENALIN JAUNTS:**

White Water Rafting: Sri Lanka's boulder stream rivers are the ideal setting for white water rafting. This is the best way to see the stunning environment what this region has to offer. Many tours are available and many begin with days of action, rafting the white waters. This high adventure is suitable for fish time 'go for it' rafters and experts alike. Rafting has become a very popular exciting yet safe adventure sport option.

**Rock Climbing and Mountaineering:** Mountaineering is an adventure sport that requires skills and levels of fitness that few other adventure sports can match. The mountain ranges in Sri Lanka offer breath taking, enthralling, climbing routes. Climbing is all about discovering the natural world around and with you.

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**Hiking and Trekking**: There's no better way to explore the natural scenic beauty of this island with diverse climatic zones. Trekking is an excellent way to explore a country, people, their traditions and beliefs. Paths and campsites have been set up to give nature lovers the experience of a lifetime. All possible steps are taken to ensure local community benefit and nature conservation in keeping with all international camping guidelines.

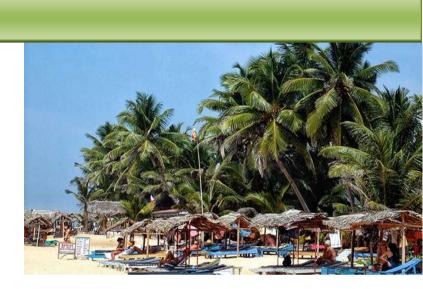
**Canoeing & Kayaking:** This relatively new sport is rated as the most adventurous of all adventure sports. It involves descending a stream as it drops over waterfalls and boulders

# HOW TO BOOK

### TWO EASY WAYS ...

Complete a <u>booking form</u> online.

> Telephone 01903 502595 (UK) or 1-603-574-4935 (USA)



THANK YOU FOR YOUR INTEREST IN OUR PROGRAMME! We hope you'll join us! Don't hesitate to contact us with any questions. We're happy to help you plan your exciting adventure!

www.travellersworldwide.com

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