

Travellers Worldwide is a leading International Provider of Volunteering Programmes, Work Experience Internships and Cultural Courses Abroad

SRI LANKA

WHAT DO YOU GET?



VETERINARY WORK EXPERIENCE IN YAKKALA

Work in a government-run veterinary clinic with 4 vets and a total staff of 10. The practice is run by a head veterinarian and 3 further veterinary assistants, who all speak English.

You'll gain valuable work and volunteering experience by assisting the vets and staff. Apart from their domestic pets work, the surgery also provides mobile clinic services to the local community and does external calls to the local village farms to treat the cows, pigs, buffalo and chickens.

Generally, the local people have more faith in a government-run veterinary practice rather a private practice, so the surgery is constantly extremely busy. It's also the only surgery in the vicinity.

Thank you for your interest in volunteering on this Project. Below is a description of what you can do and expect. You can volunteer whether you're taking a gap year, on a career break, retired, or on a holiday with a purpose. No matter what your age or experience, we look forward to welcoming you to the team!

SELF-DEVELOPMENT:

- New skills, more confidence, a greater understanding of a different culture, invaluable personal and professional development.
- The enormous satisfaction of helping needy and distressed animals and seeing how your efforts are making a difference to them.
- An entry on your CV or résumé that will put you head and shoulders above most others in the job market.

SAFETY AND SECURITY

- Your safety is our top priority. We risk-assess all destination countries, projects, accommodation and more to ensure that they are stable and safe.
- We have experienced local staff with 24/7 back-up and support who are there to assist you and look after you, starting with an in-depth induction on your arrival.

AN ADVENTURE!

• An exciting, never-to-be-forgotten adventure into Asia and the fascinating culture of Sri Lanka! And best of all ... an unforgettable experience.

TravelQuest Ltd t/a Travellers, registered in England & Wales, Registered Office: 7 Mulberry Close, Ferring, West Sussex, BN12 5HY, Reg. No. 3072191, VAT Registration: 786540201

Prices: From £795, excluding flights. Please see Full Price List Online.

Duration: From 1 week up to 12 weeks, subject to visa restrictions.

Start Dates: All year round - you choose your start and finish dates.

Requirements: Minimum age 17, no qualifications necessary (just a good dose of enthusiasm)

What's Included:

- Arranging your Programme,
- Payment Protection insurance
- Certificate of Completion
- ► Meeting you at Colombo airport
- ► 24-hr emergency support.
- Transport to and from your project
- ► Free T-Shirt.

- ► Full pre-departure support and assistance,
- Accommodation
- ► Transfer to your on-site accommodation
- ► Local in-country team support and backup
- ► Food
- Return transfer to airport.

What Not Included: Flights, Insurance, Cost of Visas (if a visa is required)

PROJECT OVERVIEW

WORK CONTENT:

Work in a government-run veterinary clinic. The practice is run by a head veterinarian and 3 further veterinary assistants, who all speak English. There is a total of 10 staff attached to the Clinic. Generally, the local people have more faith in a government-run veterinary practice rather a private practice, so the surgery is constantly extremely busy. It's also the only surgery in the vicinity.

The head vet performs the majority of the major operations and his assistants also perform operations under his supervision plus they handle all other veterinary issues and ailments. You'll be able to observe operations and treatments and assist where possible and practical, depending on your own ability and on what is required at the time.

You'll assist in all areas of the veterinary clinic, which is very varied. There are three main areas of work carried out by the Practice, plus ancillary veterinary responsibilities:

- The surgery provides care and treatment for household pets (mainly dogs and cats) and various other animals, like goats. Wednesdays are 'open days' for all government clinics and on these days the surgery is particularly busy, handling around 50 animals on that day alone.
- They also do weekly visits to the local farms where they provide treatment for cows and other cattle, pigs, buffalo, chickens, etc. Much of the work is breeding-related and treating sick animals and those suffering after giving birth.
- The vets also use this opportunity to give advice and information to the farmers and their staff on how to treat the animals when required.
- **Mobile Clinic**: The Clinic has a mini-bus with all the facilities required to do operations, dispense medicines, etc.

More about the Mobile Clinic:

There are huge numbers of stray dogs in Sri Lanka. The Mobile Clinic goes out into the village and tries to round up some of the strays with the objective of neutering the dogs. After the operation, they then take care of the animals until such time as they have recovered sufficiently to be released again. These surgeries usually take place once a week, every week.

They also set up a clinic in a central location in the village where people are encouraged to bring their animals to receive rabies innoculations and any other required protective treatment. These are done for free and usually also take place on a regular basis.





You'll be able to accompany the vets and staff on the Mobile Clinic runs and assist them.

Veterinary Practice hours: The Clinic is open Monday to Friday, starting at 8.30 a.m. and closing at 4. 15 p.m. It is generally closed on government holidays.

You'll learn a lot abouit the Sri Lanka way of providing veterinary services. As Sri Lanka is still a developing country, the facilities are very basic and not up to the standard that we are used to in our developed, Westernised world. That makes the provision of these services all the more important, particularly making them accessible to the local population.

What the veterinary practice hopes to gain from work experience volunteers:

The practice hopes that by working with you, they will learn more about the way things are done in your home country and that this knowledge may possibly help them to improve their own practices. They are also hopeful that their English will improve as a result of interaction with you, and that their exposure to your culture, and vice versa, will be of benefit to them.

"Just wanted to drop you a line as my project in Sri Lanka comes to an end to tell you that I have had the best time of my life. The project has been amazing, both the teaching and the elephant orphanage. It has been a truly amazing experience."

David Constable

"Thank you for the experience you gave me, it was stunning and a memory that always always always brings me warmth" Tim Hancock

ACCOMMODATION

ACCOMMODATION:

You'll live in a quaint bungalow in a residential area surround by lush Sri Lankan landscape in the Gampaha region. The bungalow is airy and is typical of the modern styling of Sri Lankan houses.

The bungalow can comfortably accommodate more than 6 volunteers, whilst still allowing you to keep a sense of having your own space. The bungalow has living and dining area and plenty of outdoor areas, including a garden, making it the perfect setting for sociable evenings with the other volunteers or reading a book in peace in tropical surroundings.

Travellers' Volunteer Coordinator, Niranjala, lives in a separate close by, with her family.

Many of our past volunteers who have stayed there have commented that the place offer the opportunity to get fully immersed in the wonders of Sri Lankan culture. Niranjala is a very chatty and extremely friendly and always gets the volunteers involved in her lively community activities.

You will have all necessary facilities such a comfortably furnished living area with TV and DVD player in the lounge area. Sri Lanka is a great place to buy DVD's. You will likely share your room with one or more other volunteers.

The bedrooms are basic but comfortable. Bedrooms normally have single beds, mosquito nets, a clothes rack, and a ceiling fan (some rooms have standing 'pedestal' fans only).

Bedding in Sri Lanka is very basic and for some reason sheets never seem to be large enough to tuck in, so you may want to consider bringing your own bed linen with you (sheet/pillowcase).





Although we supply bed linen, towels aren't provided! You can either bring your own with you or buy one from a local shop. A tip about washing your clothes – Sri Lanka has a red dust which gets into everything – with your white washing being most at risk – you have been warned! Facilities include shower, sink and western toilet. The showers are cold water showers here I'm afraid – it can be quite refreshing first thing in the morning before the water tank has been warmed by the sun - although with the climate being predominantly hot and humid for most of the year, taking a shower can be great way to cool off after a day spent in the Sri Lankan sun.

WHY TRAVELLERS WORLDWIDE?

- Over 20 years' experience of sending thousands of participants overseas, plus the largest variety of flexible projects that are value for money!
- Accredited projects helps appeal to future employers
- Excellent support! And 24/7 emergency helpline for you and your family
- Your own dedicated Project Co-ordinator to answer all questions before, during and after your trip of a lifetime!
- Detailed information on your project and country and suggestions, safety guide, tips and checklists, via our EXTRANET, available from anywhere, 24/7.
- Free pick up from the nearest airport.

HOW YOU MAKE A DIFFERENCE:

By joining a Travellers Program you enable us to keep donating money to worthwhile projects around the world; from clothing and feeding school children, building playgrounds or funding vital conservation research - your participation makes these donations possible.

Donations to Bridge The Gap Foundation. This Foundation was set up by us to donate directly to particularly worthwhile and necessary projects for children and animals around the world, and partners with other NGO's to raise match-funding for worthy projects.

The price of this project is a reflection of the following costs:

- ✓ Accommodation and Food
- ✓ Full pre-departure support
- ✓ Meeting you at the airport
- ✓ Transport to the placement site
- ✓ Local in-country team support and backup
- ✓ 24hr emergency helpline
- ✓ Free T-Shirt

- UK administration
- ✓ Marketing (brochures, website design and maintenance, attending careers fairs, advertising, website listings and presentations)
- ✓ Project Research/Site Inspection
- ✓ Staff Training/Equipment
- ✓ Donations to worthwhile project

"I just wanted to let you know, that I had the time of my life in Sri Lanka. It was FANTASTIC, I wish the entire experience had never had to end. I would just like to say thank you to your team of organisers for organising the spectacular trip."

Rajni Kanda

ADDITIONAL INFORMATION

Got any questions? Please email us: info@travellersworldwide.com

Once you have applied for a placement, we'll contact you and send you our Welcome Pack. You'll also receive Log-on details and password for our Volunteer Extranet where you'll have access to all the documentation and information which we've put together to facilitate preparations for your adventure! Your Project Co-ordinator for your country will liaise with you throughout the arrangements process, as well as while you're on your placement and on your return home.

The documents you'll have access to also include a Country Fact file, Safety Guide and any manuals that may assist you on your particular programme (for example, Teaching Guide, Sports Manuals, Enrichment Suggestions for Animal Care, etc.). We do all we can to make your stay one that you'll never forget. As with all our destinations, the culture and heritage is different to what you're used to ... which, although one of the most exciting aspects of travelling, should be borne in mind.

Self-reliance and independence are highly appreciated in all our destinations and will help you to make the most of this wonderful opportunity! This is a truly awesome, elegant and beautiful country.

On Arrival, your Introduction to the Country:

When you arrive you will be welcomed by a member of staff who will take you to your accommodation and introduce you to everyone. During your first few days you'll be given an induction so that you can learn about the country and its culture, as well as other useful information, like how to use the transport system, banks, safety issues, tipping, and lots more. You will have weekends free and this will also allow some time for travelling and sightseeing.

Sri Lanka is famous for its 1,600 kilometres of unspoilt, golden beaches and diverse climate zones. The proverbial paradise island! Sri Lankans are very friendly, hospitable and welcoming, if somewhat laidback and in no-rush mode to get things done!

THINGS TO DO IN SRI LANKA

LOCATION, EXPLORING AND SIGHTSEEING:

We cannot BEGIN to tell you how beautiful this paradise island is! Nor how cheap to live and get around. It is almost too good to be true! But it is true.

Towering Pagodas, Hindu temples and ancient fortresses to holy rivers and sacred mountains. The local people are very welcoming and friendly, especially in the rural areas. The tea plantations are a must, the lace making, monuments and architectural splendours, etc., but the most appealing is the Elephant Orphanage at Pinnawala. Not to be missed! It's an emotive sight that you'll never forget!



SRI LANKA'S FANTASTIC BEACHES!

Sri Lanka has miles and miles of amazing beaches. Some of our favourites are:

MIRISSA: Perhaps a contender for the most beautiful beach in the world. Long, deserted and hot. You know you have got away from it all as you sit and watch the sunset over this horizon...The snorkelling is also incredible here.

NEGOMBO: To the north of Colombo lies Negombo, a busting fishing town with golden beaches and a pallet of colour provided by sails and boats against the deep blue of the ocean.

UNAWATUNA: A sleepy peaceful cove with deep still water and a temple overlooking the bay from the protecting cliffs.

HIKKADUWA: A long stretch of beach with plenty of hostels, restaurants and some nice bars, not forgetting the impromptu beach parties held on the beach front bars blaring Bob Marley, Eric Clapton, Led Zeplin and many other classics! Sri Lanka is a conservative island brimming with culture and Hikkaduwa offers an exciting opportunity to holiday for the odd celebratory weekend! Many a volunteer birthday has been seen in over Hikkaduwa cocktails. You can also body board and even surf on this beach.

ARUGAM BAY: This tiny fishing village is Sri Lanka's newest hot spot and hosts the best surfing and an easy going happy party atmosphere. With its wide sweeping beach in front of the village and year round gorgeous swimming it is no surprise that this bay has developed into a low budget travellers haunt.

ADRENALIN JAUNTS:

White Water Rafting: Sri Lanka's boulder stream rivers are the ideal setting for white water rafting. This is the best way to see the stunning environment what this region has to offer. Many tours are available and many begin with days of action, rafting the white waters. This high adventure is suitable for fish time 'go for it' rafters and experts alike. Rafting has become a very popular exciting yet safe adventure sport option.

Rock Climbing and Mountaineering: Mountaineering is an adventure sport that requires skills and levels of fitness that few other adventure sports can match. The mountain ranges in Sri Lanka offer breath taking, enthralling, climbing routes. Climbing is all about discovering the natural world around and with you.

Hiking and Trekking: There's no better way to explore the natural scenic beauty of this island with diverse climatic zones. Trekking is an excellent way to explore a country, people, their traditions and beliefs. Paths and campsites have been set up to give nature lovers the experience of a lifetime. All possible steps are taken to ensure local community benefit and nature conservation in keeping with all international camping guidelines.

Canoeing & Kayaking: This relatively new sport is rated as the most adventurous of all adventure sports. It involves descending a stream as it drops over waterfalls and boulders

Climate

The driest and best seasons are from December to March on the west and south coasts and in the hill country, and from May to September on the east coast. December to March is also the time when most foreign tourists come, the majority of them escaping the European winter.

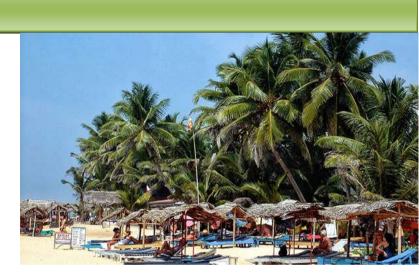
The coastal stretch south of Colombo offers palm-lined sandy expanses as far as the eye can see. The Kandyan dances, a procession of elephants or the masked devil dances. Then there are the ruins, ancient and inspiring architecture in the cities of Anuradhapura and Polonnaruwa to satisfy any archaeologist.

HOW TO BOOK

TWO EASY WAYS ...

Complete a booking form online.

> **Telephone** 01903 502595 (UK) or 1-603-574-4935 (USA)



THANK YOU FOR YOUR INTEREST IN OUR PROGRAMME! We hope you'll join us! Don't hesitate to contact us with any questions. We're happy to help you plan your exciting adventure!

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